



# Island Sun

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SANIBEL & CAPTIVA ISLANDS, FLORIDA

OCTOBER 12, 2018

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## King And Queen Crowned For Baileyfest

by Jeff Lysick

On Monday morning, one of the time honored traditions of the annual Baileyfest celebration – the ceremonial crowning of the popular community gathering’s king and queen – took place at The Sanibel School, with Anabella Del Valle and Stephen Sampas contributing this year’s winning essays following the theme What Sanibel Means to Me.

After the announcement of this year’s royal court was broadcast live on Sea-TV, both Del Valle and Sampas expressed their surprise in winning the fifth grade essay contest.

“I really wanted to win, so I put a lot of hard work into my essay,” said Del Valle. “I would like to be a good writer, because that’s my favorite subject.”

“To be honest, I don’t think a lot of boys in my class were trying to win, but I was really surprised my essay was picked,” added Sampas. “I had a good feeling about it, but I wasn’t too sure.”



Sanibel School Principal Chuck Vilardi with Baileyfest queen, Anabella Del Valle, and king, Stephen Sampas photo by Jeff Lysick

The 33rd annual Baileyfest celebration will be held on Sunday, October 21 from noon to 4 p.m. in the Bailey’s Corner Shopping Center, located at the corner of

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## Art Receptions To Celebrate The Unexpected

Visitors to BIG ARTS on Friday, October 19 can experience two distinct realities through upcoming visual arts shows. Simultaneous opening receptions introduce exhibits of conceptual art in Phillips Gallery and plein air in Founders Gallery at 900 Dunlop Road on Sanibel.

The Sense of Things features three Southwest Florida artists – Del Holt, Guy Tieman and Dale Weber – in an exhibit that explores their art as well as each individual’s creative process. Passion for Pastels features Suzanne G. Bennett and Michele Barron Buelow with unusual approaches to plein air painting.

Holt paints creatures and scenarios that refer to our world in whimsical and thought-provoking ways. In conceiving the group show, BIG ARTS’ Visual Arts Committee started with Holt’s work, said Lauren Huff, programs coordinator, then brought two other whimsical conceptual artists into the show fold.

“Holt’s animals in humanesque



Three ibis by Guy Tieman image provided environments are surreal in terms of the thought process,” she said. “It’s different from most of what we see on the island.”

For example, Holt’s website gathers his work into online galleries. In the Nudes category, the first work that a web visitor

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## Activist Motivates Masses For Water Quality Plight

by Bob Petcher

Famed environmental activist Erin Brockovich led a panel of speakers at the Burroughs Home and Gardens in downtown Fort Myers on October 3 – representing the Calusa Waterkeeper, Captains for Clean Water and Sanibel-Captiva Conservation Foundation (SCCF) – to discuss the issues and challenges on regional water quality resulting from current water management practices.

The message was loud and clear, and repeated often: Get motivated and unified; make phone calls to the Florida Department of Health in Lee County; write letters to elected officials and make sure to vote for the right people in the next legislative session (Florida’s General Election is November 6). It’s a power of the people plea.

“I am here for you. I am here for your environment. What we need to start doing is getting solution-driven,” she said. “I’ll tell you I’m not going to stand up here and change what’s happening in Southwest



From left, SCCF Natural Resource Policy Director Rae Ann Wessel, Marine Laboratory Director Dr. Eric Milbrandt, environmental activist Erin Brockovich and Brockovich associate Bob Bowcock on a boat ride along the Caloosahatchee photo courtesy SCCF

Florida, you are. This is your fight. You need to stand up, speak out, be involved and fight for this.”

Before coming to Fort Myers and going on a boat trip on the Caloosahatchee with SCCF officials last Wednesday morning,

Brockovich toured Satellite Beach, Lake Okeechobee and the Everglades. She admitted she had no idea of the toll that this water quality problem has taken on the community.

“I didn’t realize the depth of what this

has done to tourism and those that don’t have jobs and shelters that are increasing, and the food lines. I’m shocked,” she said. “We need a Me Too movement for the water.”

Polluted waters have been said to be affected by chemical dumping as well as increased levels of nitrogen and phosphorous and other nutrients from agriculture as well as failed waste water systems. Areas are devastated by red tide, blue-green algae and red drift algae.

SCCF Natural Resource Policy Director Rae Ann Wessel termed the Caloosahatchee water quality issue the “Goldilocks condition” regarding the management of the river’s salinity.

“We have too much water when we don’t need it, and we get too little water when we do need it,” she said. “It’s a nutrient problem. My challenge to you for this coming legislative session, after you vote, because voting is the one thing you can do to just change the world, is to help us unify a position to move forward on water quality regulations and standards that really can clean up this river. This is our chance to change the future.”

Wessel believes landowners south of Lake O should farm water from the lake. Other solutions include adding treatment

continued on page 46

# "Best Golf Course in Lee County"

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## Soul Keeping Video Course

Jesus asked, "What does it profit a person to gain the whole world and lose his or her soul?" The soul matters to God, and must matter to us. John Ortberg, in his dynamic book, and now in an interactive video series, makes the case for the necessity of caring for our soul. A healthy soul leads to a vibrant life. It can be well with your soul even though not everything is going well.

Pastor Daryl Donovan and Dick Lindman, retired pastor, will be facilitating this powerful series on Monday evenings, beginning October 15 at 6 p.m., and meeting six consecutive Monday evenings through November 19. The meetings will be held in the Sanibel Community Church Fellowship Hall. While it is not required, it is suggested that participants get a copy of Ortberg's book, and prior to session one, read the first two chapters. All are welcome to attend.

Sanibel Community Church is an evangelical, non-denominational congregation with the church campus at 1740 Periwinkle Way. For more

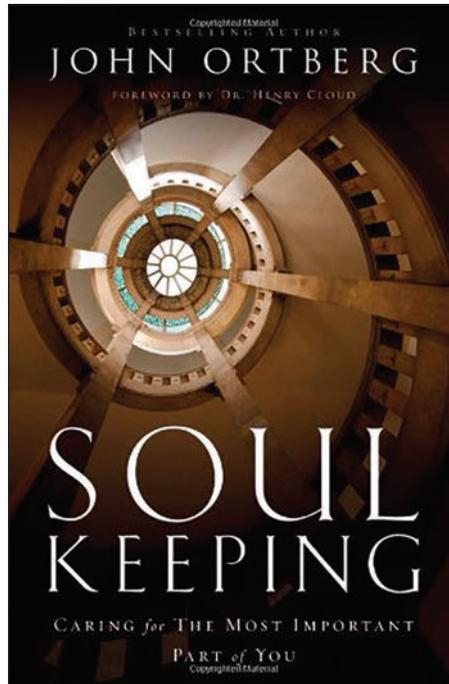


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information, call 472-2684 or visit [www.sanibelchurch.com](http://www.sanibelchurch.com).\*

## Coffee, Tea And Trivia Is Back

Coffee, Tea and Trivia is back every Thursday, beginning on October 18, in the Sanibel Community Church Carpenter's Café and Bookstore. The café opens at 6:30

p.m., and trivia starts at 7 p.m. It's fun for all, so put on your thinking caps, invite a friend and join your friends and neighbors. All café proceeds go to missions. Contact Beth Burns at 896-0058 for more information.

Sanibel Community Church is an evangelical, non-denominational congregation with the church campus at 1740 Periwinkle Way.\*

## Pigs In Paradise Fundraiser Returns

The Children's Education Center of the Islands (CECI) invites community members to its 4th annual Pigs in Paradise hog roast on Saturday, October 20 from 4 to 7 p.m. at the preschool, located at 350 Casa Ybel Road. The family-friendly evening will feature pigs roasted in two different styles by CECI parents and staff. Admission will include roasted pork, sides, beverages as well as a cookie bar. Beer and wine will also be available. There will be a silent auction and a 50/50 raffle.

Tickets are \$30 in advance, \$35 at the door and \$10 for children ages 13 to 18; children 12 and under are admitted at no charge. The preschool recommends that people buy tickets in advance so they can get an accurate head count. Sponsorships are available and include tickets to the roast and display in promotional materials. Proceeds will help fund student scholarships as well as capital improvements to the facility.

The preschool, which opened in 1974, is a nonprofit parent co-op that serves families who live or work on Sanibel and Captiva. It is open to children ages 12 months to 5 years. To register your children for preschool, buy event tickets, become a sponsor or donate items to the silent auction, call Cindy DeCosta at 472-4538.\*



Sarah Sanders and Grayson Hayes are ready for the pig roast

photo provided



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## Coffee And Conversation

Pastor Daryl Donovan welcomes all to come to a time of coffee and conversation in the Fellowship Hall on the campus of Sanibel Community Church every Monday morning at 9 a.m., beginning October 15. From time to time, there will even be donuts. While the discussion will primarily revolve around the Sunday morning sermon presented the day before, the conversations are free to be steered around other theological topics. Pastor Donovan loves questions and the opportunity for genuine dialogue.

Sanibel Community Church is an evangelical, non-denominational congregation with the church campus at 1740 Periwinkle Way. For more



**Pastor Daryl Donovan** photo provided information, call 472-2684 or visit [www.sanibelchurch.com](http://www.sanibelchurch.com).

## A New Course On Civility In Public Discourse

What happened to civility in public discourse? While civility has long been a factor in American society, even in politics, more recently it seems that our society and many of its leaders suffer from an appalling lack of it. When everyone is screaming at each other, it becomes difficult to conceive of a different, better way of thinking about politics and public debate. A new three-session course will consider ways to think about political discussion between people who disagree in

light of the four virtues of civility and the principles of civility found in Christianity.

The course will be led by the Rev. Dr. John H. Danner, senior pastor of the Sanibel Congregational United Church of Christ. "It is so vital, in a democracy, that we learn how to listen to one another," Danner recently noted. "And for people of faith, who are taught in all major religious traditions to treat others with respect and dignity, it is imperative."

The course will be held on three consecutive Sundays, October 14, 21 and 28. Sessions will begin promptly at 9 a.m. at the church, located at 2050 Periwinkle Way. For directions and further information, contact the church office at 472-0497 or visit [www.sanibelucc.org](http://www.sanibelucc.org).

## Churches/Temples

### ANNUNCIATION GREEK ORTHODOX CHURCH

Reverend Father Dean Nastos, Orthos Service Sunday 9 a.m., Divine Liturgy Sunday 10 a.m., Fellowship Programs, Sunday School, Bible Study. 8210 Cypress Lake Drive, Fort Myers, annunciation.fl.goarch.org, 481-2099.

### BAT YAM-TEMPLE OF THE ISLANDS

The Reform Jewish congregation has Friday Shabbat services at 7:30 p.m. (7 p.m. from May to Sept.) in Fellowship Hall of Sanibel Congregational UCC, 2050 Periwinkle Way. Rabbi Stephen Fuchs. President Alan Lessack. [www.batyam.org](http://www.batyam.org), 579-0296.

### HISTORIC CAPTIVA CHAPEL BY THE SEA

The Rev. Dr. John N. Cedarleaf Services every Sunday 11 a.m. November 11, 2018 thru April 28, 2019 11580 Chapin Lane, Captiva 472-1646

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### SANIBEL FELLOWSHIP, sbc

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### SANIBEL COMMUNITY CHURCH

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and childrens church in the main sanctuary, 9 a.m. Traditional in the main sanctuary, 11 a.m. Childcare available at all services. 1740 Periwinkle Way, 472-2684

### SANIBEL CONGREGATIONAL UNITED CHURCH OF CHRIST

The Reverend Dr. John H. Danner, Sr. Pastor. The Reverend Deborah Kunkel, Associate Pastor, 7:45 a.m. Chapel Service and 10 a.m. Worship Service. Sunday School and nursery care at 10 a.m. 2050 Periwinkle Way, [www.sanibelucc.org](http://www.sanibelucc.org), 472-0497.

### ST. ISABEL CATHOLIC CHURCH

Pastor Reverend Christopher Senk, Saturday Vigil Mass 5 p.m., Sunday Mass 8:30 and 10:30 a.m., Sunday Mass through October 9:30 a.m. only. Daily Mass Wednesday, Thursday and Friday 8:30 a.m. Holy Days call. 3559 San-Cap Road, 472-2763.

### ST. MICHAEL & ALL ANGELS EPISCOPAL CHURCH

The Rev. Dr. Ellen Sloan, Rector. Saturday Eucharist 5 p.m. Sunday Eucharist 9:30 a.m. Sunday School 9:30 a.m. (until May 20). Tuesday Morning Prayer 9 a.m. Wednesday Healing Eucharist 9 a.m. Prayer and Potluck first Wednesdays 6 p.m. 2304 Periwinkle Way, [saintmichaels-sanibel.org](http://saintmichaels-sanibel.org), 472-2173.

### UNITARIAN UNIVERSALISTS OF THE ISLANDS

Meets 5 p.m. on the second Sunday of each month from December through April at the Sanibel Congregational Church. A pot luck is held at a member's home on the third Sunday of each month. 2050 Periwinkle Way, [ryi39@aol.com](mailto:ryi39@aol.com), 433-4901.✪

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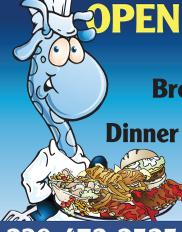
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**OBITUARY**



**WILLIAM BURKS**

William Burks died on July 29, 2018 in Fort Myers, Florida at the age of 91. He was born in Saltillo, Mississippi and eventually made his way to Akron, Ohio where he graduated from high school. He served in the U.S. Marine Corps during the last months of World War II, and once stateside met Doris Uhl, who became his wife and best friend for 67 years.

After the war, Bill studied for an accounting degree at the University of Akron and then earned his CPA license.

He began his retail career at the M. O'Neil department store.

Bill, Doris and family eventually moved to Rochester, New York. Bill began working for McCurdy's Department Store and ultimately became president and CEO. During his 30 years in Rochester, Bill volunteered in a variety of ways. He chaired The Salvation Army Advisory Board, chaired the PBS annual auction, was a treasurer of the Third Presbyterian Church, and was a chair of the Rochester Art Museum's annual fundraiser.

In Rochester, Bill was an avid skier and sailor. One of his greatest joys was sailing and racing his boat *Sea Oats* with Doris, family and loyal crew. He was a treasurer of the Rochester Yacht Club and a member of the University Club and Genesee Valley Club.

Bill and Doris retired on Sanibel and enjoyed a life filled with great friends, boating and tennis. At age 90, Bill was still joining his Dunes buddies for tennis and coffee three times per week.

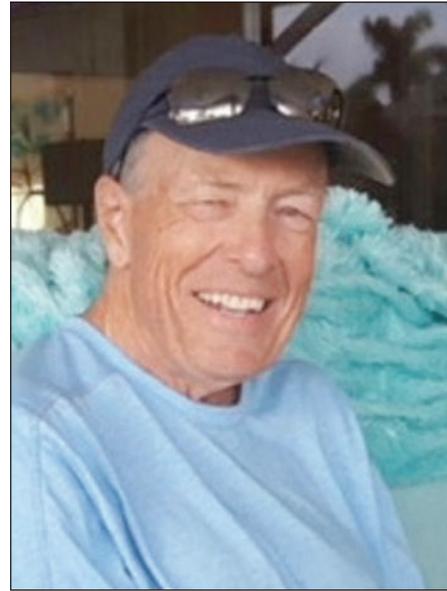
Bill was a devoted and generous husband, father and grandfather. He was predeceased by Doris (October 2017) and is survived by his three children, Robin (David), Sanibel; Steve (Heidi), Grand Isle, Vermont; and Alyson, Scituate, Massachusetts; as well as his two granddaughters, Caitlin, New York City; and Kara, Philadelphia, Pennsylvania. He was admired for his work ethic, his tenacity and his great sense of humor.

A memorial service for Bill will be held on Friday, October 19 at 3 p.m. at Sanibel Congregational United Church of Christ. For those who wish, memorial

contributions can be made to Hope Hospice, 9470 HealthPark Circle, Fort Myers, FL 33908 or to Sanibel

Congregational United Church of Christ, 2050 Periwinkle Way, Sanibel, FL 33957. ✨

**OBITUARY**



**CHRIS HUGHES**

Chris Hughes, 75, passed away on October 5, 2018 surrounded by his loving daughters in Mission, Kansas. Thomas Christopher Hughes was born in Council Bluffs, Iowa to Alma and Dan Hughes. Chris' parents, Inez Harrill, Patty Hughes, Brian Godden, Matthew Nielsen and Greg Bichel, preceded him in death. Chris is survived

by his two daughters, Jennifer Hughes Davis and Teresa Hughes; his sisters, Rosanne Nielsen, Patty Godden and Deb Bichel; and grandson, Alec DeHerrera.

Chris' love of life was evident in his laughter and social interaction. His pursuit of enjoyment and success was noticed by all. Driving fast cars, having a pilot's license, northern fishing, skiing, golfing, boating, baseball and tennis were among his hobbies. Meanwhile, those activities did not deter him from spending copious amounts of time with his family and friends.

In the late 1960s, Chris moved from Council Bluffs to Kansas City to open a rigging shop. American Rigger's Supply opened in 1969. In addition to the above mentioned family and hobbies, Chris built this company from the ground up. For nearly 50 years, American Rigger's has stayed a family-owned corporation and prides itself on the principles set by Chris Hughes. Quality customer service and happy employees were his business goals.

Chris enjoyed retirement in Sanibel, Florida, where he socialized with good friends, played tennis, enjoyed boating, music, biking and travel.

A celebration of life was held at the Amos Family Funeral Home and Crematory in Shawnee, Kansas on October 12. Condolences may be expressed online at [www.amosfamily.com](http://www.amosfamily.com). ✨

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## Historical Village To Reopen, Seeks Volunteers

The Sanibel Historical Museum & Village will reopen on October 16, operating Tuesdays through Saturdays from 10 a.m. to 4 p.m.

Among this season's highlights are several Twilight Talks and the village's annual gala fundraiser, which will be held on February 19 at The Community House, located at 2173 Periwinkle Way.

The Twilight Talks, which cost \$10 per person, include:

**Be Our Guest: The History of Lodging on Sanibel and Captiva** – This talk is a partnership between the historical village and the Captiva Island Historical Society. January 30 at The Community House.

**Sanibel History Quiz** – A Jeopardy-like trivia game about the history of the island. March 13 at The Community House.

**The History of Periwinkle Park** – Presentation on the historical park. April 10 at The Community House.

For more information or to purchase



Volunteer Karen Robert speaking to visitors at last year's Free Admission Day

photo provided

tickets, call Emilie at 472-4648. Twilight Talks tend to sell out quickly, so don't delay. A fourth event is sold out already: a November 7 dinner cruise on the *Lady Chadwick* to Cayo Costa and Cabbage Key.

There will be a Luminary celebration

December 7, and a Free Admission Day on June 15.

"For the first time this year, we are offering a reciprocal museum membership," Alfino explained. "We have joined the North American Reciprocal Museum family, and a membership at the

\$150 level or above offers members free admission to more than 900 participating arts, cultural, and historical institutions along with botanical gardens, children's museums, science and technology centers, and more. Many institutions include a discount at their gift shops. Visit <http://narmassociation.org> for a complete list.

New volunteers are always needed at the village. Training begins November 5 and 12. Interested people are encouraged to call Emilie at 472-4648. There are many different things for volunteers to do, so anyone can find something they like and are comfortable with, doing what they enjoy.

The Sanibel Historical Museum & Village opens for season on October 16. Hours are Tuesdays through Saturdays from 10 a.m. to 4 p.m. Full guided tours take place at 10:30 a.m. and 1:30 p.m. at no additional charge, depending on docent availability. The Sanibel Historical Museum & Village is located at 950 Dunlop Road (next to BIG ARTS) and there is handicap access to the buildings. Admission is \$10 for adults over 18. Members and children are free. For more information, call 472-4648 during museum hours or visit [www.sanibelmuseum.org](http://www.sanibelmuseum.org) ✨

## Impact Of Water Crisis Featured In Report

by Jeff Lysiak

At the October 2 Sanibel City Council meeting, a report on the economic impacts the Southwest Florida water crisis has had on businesses in Lee County was presented, noting the number of visitors that travel here for the beaches, the economic impact red tide and blue-green algae blooms have had upon the tourism industry, and case studies of several businesses on the island.

Prepared by Connor Tomlinson, city administrative intern, the 14-page report analyzes data collected from the Lee County Visitor and Convention Bureau (VCB), the State of Florida and multiple chamber of commerce organizations based in Lee County.

"Water quality issues that affect beach conditions do great harm to the Lee County economy by lowering visitation, property values and the likelihood that

visitors will return or move here in the future. A protracted environmental catastrophe could potentially result in the loss of tens of thousands of jobs and an indefinite economic recession," the executive summary reads, in part. "As of now (September 2018), the ultimate long-term economic impacts being suffered by local businesses have not yet been realized. While some data of the economic losses from this summer will be presented in this document, these figures are extremely preliminary."

According to the VCB, the majority of visitors who come to Lee County cite "the relaxed atmosphere, white sandy beaches, and the clean, unspoiled environment" as factors for choosing this area to visit. Since 1999, data collected by the agency has determined that Lee County's most liked feature are its beaches.

"The data demonstrates that visitors who travel to Lee County come here expecting to vacation in a unique, relaxed, clean and unspoiled beach community," the report noted. "Data of visitor satisfaction, and return visitation rates, suggest that most visitors' expectations are met or exceeded, prompting most of them

to return in the future. This summer has demonstrated that unmet expectations lead to lower visitation and a stain upon the Lee County brand."

The report uses a number of photographs depicting nutrient-rich, dark water plumes taken at Lighthouse Beach and blue-green algae-filled canals in Cape Coral to demonstrate the visual impact of impaired waters.

"Toxic algal blooms, water discoloration and massive fish kills have severely impacted beach conditions and have raised questions about whether these conditions pose a serious health risk to beach goers and workers. It is fair to say that these conditions do not meet the expectations of visitors," a summary of the implications reads.

The report also noted that during the month of August, economic losses reported by respondents in all business sectors on Sanibel and Captiva totaled more than \$15.1 million. In July, island hotels reported a 27 percent decrease in revenue from 2017 figures, with cancellations and early departures citing poor water quality. Business revenues across the islands were reportedly down

41.2 percent, with 39,000 fewer vehicles crossing the Sanibel Causeway over the same period last year, a decrease of nearly 16 percent. Additionally, the number of clients being supported by FISH of SanCap rose, with \$26,000 worth of assistance provided to island workers.

Among the businesses which assisted Tomlinson in his report, Bailey's General Store offered that gross sales revenue declined steadily from late July through early September. The Island Inn's General Manager Chris Davison reported August revenues decreased 25 percent over last year. Billy's Bike Rentals reported a 35 percent decrease in revenue between August 1 and September 7.

"These sustained, catastrophic environmental conditions have the potential to put local businesses out of business and leave thousands of people without jobs," the report concluded. "If the conditions that we have witnessed so far in 2018 continue to occur on an annual basis, it is highly predictable that Lee County will experience a corresponding decline in economic stability resulting in an exodus of capital assets and decreased property values." ✨

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# Sanibel Scouts Visit IWA Facility

by Jeff Lysiak

Last Tuesday afternoon, more than a dozen members of Cub Scout Pack 1740, along with several parents, took a tour of the Island Water Association (IWA) facility, visiting the utility's operations center and water treatment plant.

According to Level A Operator Scott Sheldon, all of the drinking water for residents and businesses on Sanibel and Captiva is produced at the IWA facility, located at 3651 Sanibel-Captiva Road. The plant uses a process called reverse osmosis, taking water out of 14 production wells. Water is held inside several tanks onsite, which have a capacity of five million gallons each.

"Our water comes from the Suwannee Aquifer, which is approximately 700 to 900 feet below the surface," Sheldon told the group of scouts. During the tour, he also explained the reverse osmosis process and displayed some of the equipment used by IWA employees.

Assisting Sheldon and Level B Operator Chris Krupnick on the tour was Neil Erickson, a scout parent and IWA distribution technician.

Currently, there are 34 members of



Members of Cub Scout Pack 1740 took a tour of the Island Water Association facility on October 2, visiting the utility's operations center and water treatment plant photos by Jeff Lysiak

Cub Scout Pack 1740 and nine members of Boy Scouts Troop 1740 on the islands. Their calendar is filled with activities, camp-outs and special events planned for every scout at every age level, from 5 to 16 years old, including camping excursions to Daytona International Speedway and Cayo Costa State Park.

For more information about Sanibel Scouts, contact Cub Scout Pack 1740 Committee Chair Kara Stone at 223-4625 or Boy Scout Troop Committee Chair Kim Kouril at 233-4180.\*



Scott Sheldon, Level A Operator at the facility, describes where the island's drinking water comes from



IWA Distribution Technician Neil Erickson, left, talking about the water treatment process



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# Community House

## Parent And Child Cooking

A parent and child cooking class will be held on Wednesday, October 17. Make cupcakes and frosting with a twist. Designed for 5- to 9-year-old children with a parent/adult. Cost is \$35, \$10 per each additional family member.

The next sessions for this age group are November 11 and December 13.

## Cooking With Chef Jarred

Resident Chef Jarred Harris will hold a cooking demonstration on Thursday, October 25 at 4 p.m. Watch the chef as he prepares Lentil Paté, Toasted Brioche and Pear Chutney, Seafood Stew and Grilled Focaccia, and Frozen Lemon Soufflé. Cost is \$35 for members and \$50 for guests. Online payment available.

## Smoke On The Island Community Hog Roast

The Smoke on the Island community hog roast returns on Saturday, October 20 from 6 to 8 p.m. Slow roasted pork will be paired with Chef Jarred's barbecue sauce, tomato and mozzarella salad, black beans and rice, and Love Boat Ice Cream bar. Cost is \$15 in advance for adults, \$18 at the door; \$10 for children 10 and under. Dessert is \$5. Limited number of tickets available. Online payment accepted prior to noon on Friday, October 12.

## Christmas In October Floral Workshop

Dutch Master Floral Designer Mark Frank will lead a workshop and demonstration on Wednesday, October 24



Dutch Master Floral Designer Mark Frank photos provided

from 3 to 5 p.m. Frank is a multi-talented designer in the floral industry based in Hilversum the Netherlands. He has been working for over 20 years in the floral industry, on national and international projects for exhibitions, corporate events and weddings.

Cost for the workshop is \$95 which includes all supplies and a completed project for you to take home.

Following the workshop, there will be holiday entertaining-themed event sponsored by Floral Artistry and The Community House. String musicians will perform and Champagne will be served. Some of the area's top professionals will be on hand to offer tips for holiday entertaining. There will be an opportunity to book reservations with musicians, photographers, caterers and bakers.



Resident Chef Jarred Harris teaching a hands-on cooking class

Advance tickets are \$15 and \$20 at the door. Raffle prizes will be awarded throughout the evening. Tickets are available online, at The Community House or at Floral Artistry. Call 472-3040 for more information.

## Making Macaroons With French Chef Andre Gratesol

Learn how to make macaroons with French Chef Andre Gratesol on Friday, October 26 beginning at 10 a.m. This will be a hands-on class and is the second of four baking classes with Chef Gratesol. Cost is \$50 and you can sign up online.

## Pumpkin Carving And Halloween Decorating

Resident Chef Jarred Harris will teach pumpkin carving and design ideas along

with a little cooking instruction on Tuesday, October 30 from 4 to 6 p.m. The class is designed with youth in mind, but is fun for all ages. Older children and adults can help decorate The Community House for the Halloween Carnival. Reservations are required.

## Halloween Fall Festival

The Halloween Fall Festival Candy and Costume Carnival will be held on Wednesday, October 31 from 5 to 7 p.m. There will be carnival games, a hay ride, costume contest, prize booth, \$2 meals and plenty of candy. Admission is one bag of Halloween candy.

Volunteers are needed. Adults are welcome to sign up as well as high school students looking to earn community service hours.

Sponsors are Sanibel Captiva Community Bank, Friends Who Care, Sanibel-Captiva Kiwanis Club, Judy Montclare Family, Billy's Rentals and The Island Cow.

## Kids Cooking First Mondays

The next kids cooking class will be held on November 5. Classes are held on the first Monday of the month from 2:30 to 5:30 p.m. Additional dates are December 3, January 7, February 4, March 1, April 1 and May 6.

Young chefs will learn fundamental nutritional cooking skills, basic kitchen awareness and food preparation. Students will explore different cultures using nutritious whole foods. Cost is \$50 per session or \$175 for four classes when paid in advance. Register online.

Some scholarships are available, thanks to the Rotary and Kiwanis clubs, as well as private individuals. If you are interested in donating towards these scholarships, call Teresa at 472-2155.

## Shell Crafting And Local Honey For Sale

Shell Craft lessons are held at 10 a.m. on Mondays. All ages are welcome but children must be accompanied by an adult. Shell Crafters are on site until 1 p.m. on Mondays for those who would like to view or purchase their work.

There is honey for sale, harvested from the hive at The Community House. Mango chutney is also available, made from locally grown mangos. In November, there will be holiday spiced pumpkin chutney available.

The Community House is located at 2173 Periwinkle Way. For more information, visit [www.sanibelcommunityhouse.net](http://www.sanibelcommunityhouse.net) or call 472-2155.\*



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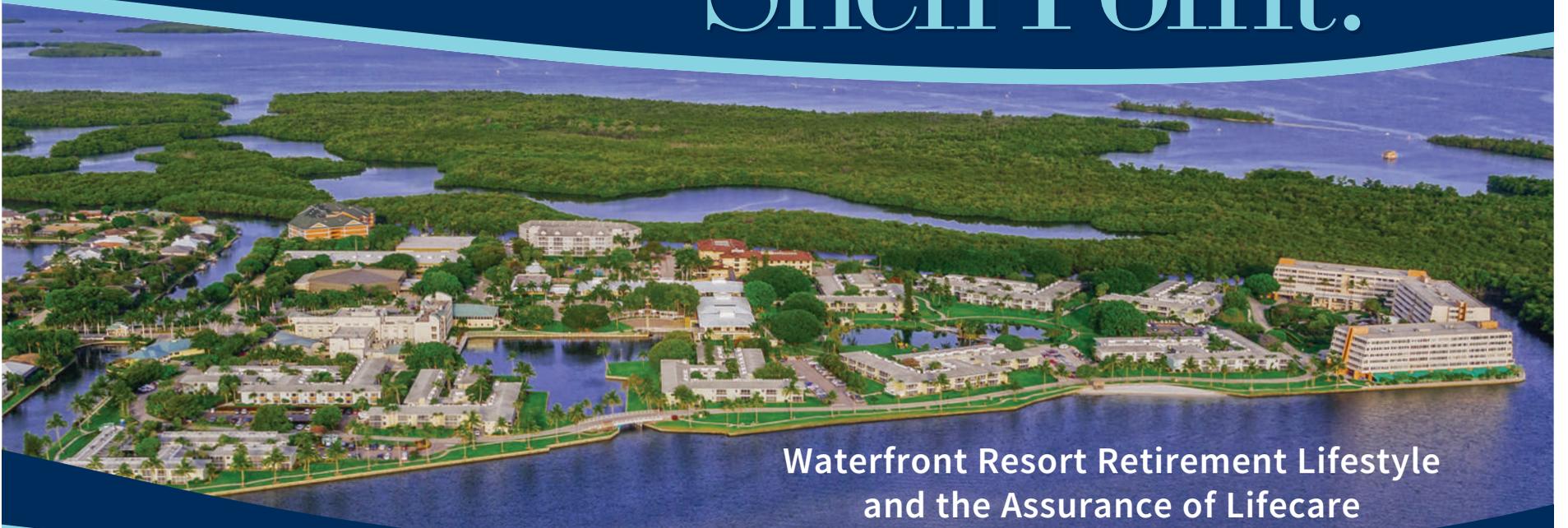
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Castorbean, a category-II invasive species, grows quickly, shading out other plants

photos by Gerri Reaves

## Plant Smart Castorbean

by Gerri Reaves

Castorbean (*Ricinus communis*) is a fast-growing tree of the spurge family that was first documented in Florida in the 1760s. It grows so fast that it can reach tree size in only three or four months.

This native of Northeastern Africa and the Middle East has spread so successfully in the state that it is listed by the Florida Exotic Pest Plant Council as a category-II invasive species. Such species are defined as ones “that have shown a potential to disrupt native plant communities.”

It has not been sold in the state since 2001.

The tree pops up in disturbed areas, undeveloped lots, thickets, or along roadsides, often forming colonies via suckers. Other common names are castor oil plant, wonder tree and palma Christi.

It was cultivated in Egypt as long as 6,000 years ago for its oil. During World War I, it was cultivated in South Florida as a possible source for lubricating oil in the aviation industry.

This multi-branched tree reaches up to 40 feet high and is notable for the very large umbrella-like leaves that can be up to a yard across.

Alternate palmate leaves are dark green or reddish with long stems. They have five to 11 pointed lobes and finely toothed edges.

Erect clusters of flowers grow at the top of the stems, bearing both yellow male flowers below and red female flowers at the top. They bloom year-round in Florida.

The bur-like fruits are covered in flexible spines and a half-inch to an inch across. They dry and split to reveal three mottled or black seeds with an unappealing appearance, prompting descriptions like an “engorged tick.”

No surprise that the term *Ricinus* in the scientific name is Latin for “a kind of tick.”

Extreme caution should be taken with the seeds, for they can be deadly if chewed by people or animals. They contain the toxic alkaloid ricinine, or ricin, and chewing even one seed can result in death.

Even an incredibly small amount of that toxin ultimately causes the



The unripe spiny seed capsules will eventually split to reveal the poisonous seeds. The spent yellow male flowers (left) and red female flowers (right) are still clinging to the stalk.

disintegration of red blood cells. After days of serious symptoms ranging from vomiting, abdominal pain, blue skin and unconsciousness to clammy skin, diarrhea and scanty urine, death can occur from uremia, the accumulation of urinary waste products in the blood.

Oddly enough, ingestion without chewing is said to be less likely to cause a toxic reaction because a coating on the seed prevents absorption of the ricinine.

Castorbean’s official invasive status and toxic seeds are compelling reasons to banish this tree if it’s in your yard or dares to take up residence.

Nevertheless, the plant has many commercial and medicinal uses. The non-toxic vegetable oil is used in a wide variety of products, from crayons to varnish.

The stems are used to make paper products. The beans are used in treating various ailments, and castor oil, of course, has long been known as a purgative and topical agent.

Research is being conducted on growing reduced-ricin or ricin-free cultivars in the U.S. for commercial purposes.

Sources: *500 Plants of South Florida* by Julia F. Morton; *Florida’s Poisonous*



Large long-stemmed leaves up to a yard across are a distinctive characteristic

*Plants, Snakes, Insects* by Lewis S. Maxwell; *National Audubon Society Field Guide to Florida*; [www.cabi.org](http://www.cabi.org); [www.edis.ifas.ufl.edu](http://www.edis.ifas.ufl.edu); [www.floridata.com](http://www.floridata.com); [www.sciencedaily.com](http://www.sciencedaily.com); and [www.wildsouthflorida.com](http://www.wildsouthflorida.com)

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## Beach Parking Permits Go On Sale Monday

Sanibel residents and property owners can purchase their 2019 Sanibel Beach Parking Permits starting on Monday, October 15 at the Sanibel Recreation Center, 3880 Sanibel-Captiva Road, during normal operating hours. Beach parking permits are no longer sold at the Sanibel Police Department.

To qualify for any beach parking permit, bring a valid vehicle registration for each vehicle and a valid government issued identification. A driver’s license showing a Sanibel address or proof of Sanibel property ownership is required to purchase a resident/property owner “A” sticker. Payment may be made via cash, check, MasterCard, American Express or Visa. Permits are valid through November 30, 2019. Applications are available online at [www.mysanibel.com](http://www.mysanibel.com). Fees are:

- “A” Resident/Property Owner – \$12 (Resident and/or Sanibel ad valorem taxpayer property owner)
- “B” Non-Resident Permit – \$124 (Non-resident/non-Sanibel ad valorem taxpayer property owner)
- “C” Restricted Permit – \$90 (Resident and non-resident)
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- “B/C” Non-Resident Permit – \$248
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- General Parking Meter Rate – \$5 per hour or any fraction
- General Parking at \$5 per hour or “C” Permit required for parking at Gulfside City Park (Algier’s) and the Sanibel Boat Ramp
- “A” Permit Parking only at Beach Access Lots 1 through 7 on West Gulf Drive.
- The Sanibel Recreation Center is open Monday through Thursday, 6:30 a.m. to 8 p.m.; Friday, 6:30 a.m. to 6:30 p.m.; Saturday, 8 a.m. to 5 p.m.; and Sunday, 12 p.m. to 5 p.m.
- For more information, call 472-0345. ✨

## Kids Zone, Wildlife Presentations On Family Fun Day

Sunday Family Fun Day winds up the weekend-long "Ding" Darling Days at the JN "Ding" Darling National Wildlife Refuge on October 14. The refuge, "Ding" Darling Wildlife Society-Friends of the Refuge (DDWS), and Tarpon Bay Explorers (TBE) have planned a free day packed with activities for all ages from 9:45 a.m. to 3 p.m.

Following the flag-raising ceremony by local Boy Scouts at 9:45 a.m., the refuge will celebrate the 142nd birthday of namesake Jay Norwood Darling with birthday cake in the Refuge Visitor & Education Center, followed by a reusable goodie bag giveaway for the first 250 kids.

New this year, the U.S. Fish & Wildlife Service displays a spread of its emergency-response vehicles for an interactive visitor experience outside. Inside, when it comes time to cool down, the Kidz Kool Zone in the Visitor & Education Center will include Animal Yoga, environmental puppet shows by Littleton Elementary School, face painting, and make-and-take arts and crafts activities. Kids can also participate in a scavenger hunt of the new Learning Lavatories exhibits for a chance at prizes.

Wildlife presentations outside under the "big top" showcase snakes, birds of prey, and animal ambassadors from the Clinic for the Rehabilitation of Wildlife (CROW).

Other Sunday highlights include all-free narrated TBE tram tours of Wildlife Drive (based on availability), archery skills clinics



Archery lessons put bows and arrows into the hands of older kids

photos provided

(for ages 10 and older), a butterfly house, hot dogs, and live music by the Americana Community Music Association.

"We estimate the value of this free event to be up to \$75 for a family of four," said "Ding" Days Committee chair and Supervisory Refuge Ranger Toni Westland. "But the value of family- and nature-bonding? You can't put a price tag on that."

Continuous free shuttle service will run from the refuge's Tram Parking Lot on Sanibel-Captiva Road (look for signs).

The entire day's schedule is included below. For more information on other events during the upcoming "Ding" Darling Days weekend, October 12 to 14, visit

[www.dingdarlingdays.com](http://www.dingdarlingdays.com).

The U.S. Fish & Wildlife Service, DDWS and TBE co-present "Ding" Darling Days with generous support from the local community and businesses.

(EC= "Ding" Darling Visitor & Education Center)

(TBE= Tarpon Bay Explorers) Sunday, October 14

**Free Family Fun Day**  
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9:45 a.m. Flag-raising ceremony, EC entrance

10 a.m. Sing to "Ding!" Free birthday cake to celebrate "Ding" Darling's 142nd



Snakes Alive! is one of the day's wildlife presentations

birthday and giveaway of free reusable goodie bags giveaway to the first 250 kids, EC Auditorium Kidz Kool Zone

10 a.m. to noon 25 percent off Commodore Creek Paddle, TBE

10:30 a.m. to 2:30 p.m. Free live music from Americana Community Music Association

10:30 a.m. Free Walk on the Wildlife Side puppet show, Littleton Elementary, EC Auditorium Kidz Kool Zone

11 a.m. Free Live Wildlife Presentation:

Birds of Prey by CROW, EC parking lot  
11 a.m. to 12:30 p.m. 25 percent off Sea Life & Nature Cruise, TBE

continued on page 34

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# Red Tide Is Gone But Not Forgotten



by Capt. Matt Mitchell

Our gradual change of seasons is taking place. It not drastic enough to notice unless you're up early to enjoy the cooler morning temperatures along with the significant

drop in humidity. Feeding fish and birds working schools of small fry bait have begun to appear all over the sound as the southerly bait migration of fall is firing up. No matter if its spring or fall, the change of season always offers anglers some of the best fishing opportunities all year.

Another clue that fall is here is the prevailing easterly wind direction which we have had for the past few weeks. This wind is just what we needed to totally push the last little patches of red tide in the sound offshore. For the first time in months, our beaches along with the sound got a clean bill of health and is red tide free. Water in the sound is not only clear but alive again with all kinds of life.

This week brought some of the best catch-and-release snook fishing I have experienced in months. I've been averaging over 20 snook a trip while casting live shiners on both oyster bars and mangrove shorelines. This week, we had several snook over 30 inches and often had many favorite well-known

snook honey holes all to ourselves. The biggest snook of the week measured 34.5 inches and was landed by Sean while out with his fiancé, Monica. Sean was under pressure right from the start when Monica landed a 32.5-inch snook early in the trip. Sean lost a giant one boat side midway through the morning that broke his heart, then right at the end, he pulled out a buzzer-beater and got it done.

Nothing has been more frustrating over the past few months than to hear people who have not been out on our water for weeks or even months speak out about how this red tide was catastrophic in killing all the life in our waters. Nothing could be further from the truth. Contrary to popular belief, our fishing has been outstanding over at least the last month. Simply looking at a very vague red tide map gives you no idea that are waters have made an incredible recovery.

This red tide/green algae nightmare has been a real catch-22 for all of our local businesses. We all want and need this water quality issue taken care of once and for all. Seeing the same red tide story in the headlines since July is both good and bad. It does bring national attention to this major water quality issue although, on the other hand, it has suffocated local businesses with the slowest August anyone can ever remember. Even now that this red tide has gone, it's still very fresh in peoples minds who don't even live here. With so much misinformation out there, tourists are understandably very apprehensive to return.

The most frustrating part of all is that the solution to this water quality crisis is so very simple – restore the natural



Sean from Pine Island with a 34.5-inch snook caught and released while fishing with Capt. Matt Mitchell this week photo provided

flow from Lake O flow south into the Everglades. This solution requires the purchase of all the farmland south of the lake. With this only permeant fix not being on the table for either of the candidates for Florida Senate, we can only vote for a new governor that will get this way-overdue Everglades restoration done. Both Senate candidates' plan is to re-enforce the dikes around the lake and come up with more water storage areas that serves only as a band aid. Neither one of the candidates for Senate have done anything to help our water quality.

Both their plans for Lake O will only let the lake hold more water to dump on us during high water periods. Even though we are now red tide free, we cannot let this environmental catastrophe to ever happen again.

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions, email [captmattmitchell@aol.com](mailto:captmattmitchell@aol.com).✳

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# Free Reusable Bags To Be Distributed

On Saturday, October 13, Coastal Keepers will hold an event at Bailey's General Store to reduce the use of disposable plastic bags on the islands and educate locals and visitors about the harm plastic bags cause to the environment. Beginning at noon, Coastal Keepers and Bailey's General Store will partner to distribute reusable, washable canvas bags for free while supplies last.

Over 100 billion disposable plastic bags are used annually in the United States, making them one of the most common trash items collected on beaches worldwide. Plastic bags have a short usage time and are rarely recyclable, taking 1,000 years or more to decompose. They pose a threat to wildlife as countless animals become entangled or mistake them for food each year.

The solution to this problem is simple: bring your own bags (BYOB) when you shop, eliminating the need for disposable plastic bags. Additional BYOB events are being planned for



Reusable canvas bag photo provided

later this year.

Coastal Keepers, formerly the Sanibel-Captiva Chapter of START, operates as an independent branch of Sanibel Sea School to create and implement conservation initiatives that promote and improve the future of marine resources and coastal heritage.

For more information, contact [coastalkeepers@sanibelseaschool.org](mailto:coastalkeepers@sanibelseaschool.org).

# CROW Calendar Of Events

The Clinic for the Rehabilitation of Wildlife (CROW) has specialty programs available for residents and visitors. Meet the staff and learn what it takes to rescue, rehabilitate and release wildlife in Southwest Florida.

For reservations, contact David Waszmer, Visitor Education Center and gift shop manager at 472-3644 or [dwaszmer@crowclinic.org](mailto:dwaszmer@crowclinic.org). Hours are 10 a.m. to 4 p.m. Monday through Friday. Daily presentations are offered at 11 a.m. only. Wildlife Walk hospital tours are offered on Wednesdays, Thursdays and Fridays at 11 a.m. CROW is located at 3883 Sanibel-Captiva Road.

**Throughout the month of October, mention this article and offer code "Sea Turtle" to receive 10 percent off general admission to the Visitor Education Center. Wildlife Walk hospital tours not included.**

**Friday, October 12, 11 a.m. to 12:30 p.m.**, \$25 per person, advance registration required – Wildlife Walk with Rehabilitators and Staff (hospital tour).

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

**Friday, October 12, 11 a.m.**, adults: \$12, ages 4 to 12: \$7, age 3 and under no charge – Species Profile: Snakes of Southwest Florida (daily presentation).

Florida is home to 46 species of native snakes, only six of which are venomous. Although there is a widespread fear and misunderstanding of this animal, most species are harmless to humans and form vital links in the ecosystem. Snakes are extremely valuable because they are efficient at monitoring pest populations without relying on chemical pesticides which can degrade the environment and harm other animal species. One of CROW's animal ambassadors will be present.

**Monday, October 15, 11 a.m.**, adults: \$12, ages 4 to 12: \$7, age 3 and under no charge – CROW Case of the Week (daily presentation).

CROW's teaching hospital offers externship, fellowship and internship opportunities for natural science and veterinary medicine students. While on site, students learn the ins and outs of conservation medicine and wildlife rehabilitation, and share their favorite patient stories. One of CROW's animal ambassadors will be present.

**Tuesday, October 16, 11 a.m.**, adults: \$12, ages 4 to 12: \$7, age 3 and under no charge – Wildlife Rescue 101 (daily presentation).

Have you ever come across wildlife in "distress" but did not know the appropriate steps to help? Florida is home to more than 700 terrestrial animals and other invertebrates, and they all depend on our sustainable recreational practices to survive. From



posturing to vocalizations, animals communicate in a variety of ways and, at times, indicate their need for human assistance. Whether it is deterring visitors from feeding birds on the beach or detaching a pelican from fishing line in the mangroves, this program will cover wildlife rescue assessment as well as handling techniques.

**Wednesday, October 17, 11 a.m. to 12:30 p.m.**, \$25 per person, advance registration required – Wildlife Walk with Rehabilitators and Staff (hospital tour).

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

**Wednesday, October 17, 11 a.m.**, adults: \$12, ages 4 to 12: \$7, age 3 and under no charge – Patient Profiles: Virginia Opossums (daily presentation).

Virginia opossums are the only marsupial, or pouched mammal, native to the United States. They are highly adaptable animals and can live in a variety of habitats, both natural and human made. Although it may not be obvious to some people, opossums are a unique member of Florida's wildlife, playing an important role in the function of a healthy ecosystem. One of CROW's animal ambassadors will be present.

**Thursday, October 18, 11 a.m. to 12:30 p.m.**, \$25 per person, advance registration required – Wildlife Walk with Rehabilitators and Staff (hospital tour).

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

**Thursday, October 18, 11 a.m.**, adults: \$12, ages 4 to 12: \$7, age 3 and under no charge – Patient Profiles: Owls of Southwest Florida (daily presentation).

Raptors are birds that prey on other animals in the wild to survive. Their specialized beaks and talons make them some of the most effective hunters. This presentation discusses the unique adaptations of the native and migratory raptors of Florida, specifically the five species of nocturnal hunters known as owls. One of CROW's animal ambassadors will be present.



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**CROW Case Of The Week:**

# Red-Shouldered Hawk



by Bob Petcher

Each year, CROW takes in thousands of patients that need medical attention. Unfortunately, not all patients can be saved as head trauma or some debilitating injury takes its toll, and

the poor creature dies during a surgical procedure or is humanely euthanized because its injuries are irreparable.

Then, there is the case that probably should fit into the latter category, but the patient either ends up making a miraculous recovery or receives a dose of luck along the way.

On September 30, a juvenile red-shouldered hawk (*Buteo lineatus*) was admitted to CROW after it was struck by a vehicle. The report states the driver of the vehicle struck the hawk the day before as he was crossing the Everglades via Alligator Alley on his way home to Fort Myers Beach. Unbeknownst to the driver, the hawk had become lodged in the grill of the vehicle and wasn't noticed until the next morning when the driver returned to his vehicle, saw the hawk and feared it had perished during the previous day's drive. Surprisingly, the hawk was still

alive, and the driver was able to remove the hawk by cutting away the grill plate underneath it. He quickly rushed the hawk to CROW for medical treatment.

Amazingly, the hawk survived its ordeal with only a fractured wing and head trauma. X-rays showed the fractured wing included its radius and ulna, but both were simple, closed fractures. The hawk was provided pain medication and started on fluid therapy. The next day, surgery was performed to place pins in the fractured bones to stabilize them as they heal.

"Good fortune is likely the biggest factor," said Dr. Kyle Abbott, CROW veterinary intern, when asked about the hawk's plight. "The hawk was able to crush through the car's plastic grill and did not hit other harder areas of the car. Being taken into the grill and being stuck in the vehicle also most likely prevented (the hawk from) further injury from the road or other vehicles."

CROW medical staff had to assess the hawk's head trauma prior to repairing the fractured wing.

"The head trauma was significant, and the hawk required stabilization of the brain injury initially," said Dr. Abbott. "The hawk was able to quickly recover from this prior to undergoing surgery."

"Each bone (radius and ulna) received intramedullary pins. The ulna also received a single cross pin to stabilize one fragment of this bone. The other fragment was too small to receive its own cross pin. The three total pins were connected to each other with an external fixator."

After just a few days, the hawk was reportedly bright, alert and standing in



**Patient #18-3849 survived a vehicle strike and many hours attached to a radiator grill**

photo by Brian Bohman

its enclosure. The fractured bones in the hawk's wing will need time to heal with physical therapy and many bandage changes planned.

"The bones will usually heal within four to six weeks depending on the individual variation of the fractures. Physical therapy will be performed every three days until the patient can be moved outside," said Dr. Abbott. "When in a flight pen, the patient will continue its own physical therapy and strengthening prior to release."

Remarkably, the hawk is doing great after such an ordeal.

"The hawk is healing appropriately and eating well on its own," said Dr. Abbott. "We will monitor the injury closely during physical therapy sessions and use radiographs to ensure the bones are healing appropriately."

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, Sanibel, FL 33957. Call 472-3644 or visit [www.crowclinic.org](http://www.crowclinic.org)\*

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Shell Of The Week

# Dusky Cone



by José H. Leal, PhD, Bailey-Matthews National Shell Museum Science Director and Curator

The Dusky Cone, *Conasprella stearnsii* (Conrad, 1869) is one of three locally found

species of cone snails, family Conidae. The species reaches about 25 mm (one inch), with the shell spire usually encompassing one-third of the shell length, and the entire shell is covered with raised spiral lines. The color pattern on the shell is very variable, usually with combinations of brown markings of different intensities set against a whitish background. Most cone snails feed on marine worms, and the Dusky Cone is no exception to that. Learn more about this species and other local mollusks at <https://shellmuseum.org/southwest-florida-shells> and <https://shellmuseum.org/blog>.

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The Dusky Cone, *Conasprella stearnsii*, from Sanibel

photo by José H. Leal

– visit and let us inform and inspire you!  
The Bailey-Matthews National

Shell Museum is located at 3075 Sanibel-Captiva Road. Call 395-2233 or visit [www.shellmuseum.org](http://www.shellmuseum.org).

# Coastal Keepers To Host The Launch 2.0

Coastal Keepers will hold a second rendition of its annual fundraiser, The Launch 2.0, on Saturday, November 17 at The Community House. The evening will include cocktails, a sustainable dinner, live and silent auctions, a 50/50 raffle and a few surprises – all in support of local conservation initiatives.

Coastal Keepers' goal is to increase awareness of the impacts that humans have on beaches, water quality and marine habitats in the region, and to help citizens become more effective stewards of the ocean.

Coastal Keepers' Bring Your Own Bag (BYOB) campaign helps conserve oceans and beaches by reducing the number of single-use plastic bags handed out in the area each year. Thanks to the support of local businesses, more than 15,000 reusable canvas bags have been distributed into the community.

Through a series of business and community partnerships, Coastal Keepers successfully encouraged Sanibel City Council members to unanimously pass an ordinance on the sale and distribution of disposable plastic straws in September.

Tickets to The Launch 2.0 are \$100 per person, including dinner and drinks. For reservations, call 472-8585 or visit [www.sancapcoastalkeepers.org/the-launch](http://www.sancapcoastalkeepers.org/the-launch).

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## Green Vessels

by Ocean Tribe Paddlers

Last week, we wrote about eco-friendly paddling. We also mentioned that a large number of stand up paddleboard and kayak manufacturers are designing and producing eco-friendly models. This week, we want to expand on that topic and cover some of the features to look for if you're thinking about investing in this type of vessel.

Many of the traditional resins and epoxies used in vessel manufacturing contain volatile chemicals that can be harmful to humans and the environment, both during production and as the material breaks down over time. Look for companies that use non-volatile or plant-based compounds, which are healthier for everyone.

There are stand up paddleboard deck pads being produced from a type of algae harvested during algal blooms. These are biodegradable and reduce the amount of foam that ultimately ends up in the garbage. Sustainably sourced cork and coconut fiber can also be great options for your deck pad.



Look for stand up paddleboards made of bamboo, flax fiber, hemp, recycled wood or other natural materials. For kayaks, recycled plastic is currently the best option that is widely available. When choosing a paddle, natural materials like wood are best, and many perform nearly as well as engineered materials.

Some companies offer recycling when your gear has reached the end of its life. We also recommend asking about a company's shipping practices – it's best if they are able to send your new vessel to you with minimal packaging.

There is an ECOBOARD Project logo that designates paddleboard companies using environmentally sound production practices. This can be helpful, but not all eco-friendly options have gone through the certification process, and there is no widespread label for kayaks, so be sure to do your own research before making a decision. The experts at your local paddle sports shop should be familiar with the latest earth friendly innovations, so ask them for their input as well.

Happy paddling!

Ocean Tribe Paddlers is a club that helps the Southwest Florida paddling community better explore, enjoy and understand the ocean. Visit [www.oceantribepaddlers.org](http://www.oceantribepaddlers.org) or follow on Facebook to learn more.



From left, Dr. Bruce Neill, Gaelin Rosenwaks, Maddie Hickey and Nik Khakee at an Everglades Foundation event held in New York City photo provided

## Sea School Reps Attend Everglades Foundation Soiree

submitted by Leah Biery

On September 26, representatives of Sanibel Sea School attended an Everglades Foundation benefit in New York City. Dr. Bruce Neill, Sanibel Sea School executive director, Sanibel Sea School trustee Nik Khakee, and former Sanibel Sea School camp counselor Maddie Hickey were present at the event. Hosted by Douglas and Susanne Durst, the evening was organized in support of

the Florida-based foundation's efforts to restore and protect the greater Everglades ecosystem.

Guests were treated to a presentation by photographer Mac Stone, whose work highlights the beauty of the Everglades as well as the immediate need for effective conservation.

"It was an incredible opportunity to meet and connect with others who are interested in solving our water quality issues in various ways," said Neill. "We talked to scientists, filmmakers, storytellers, politicians, and others who care deeply about restoring the Everglades."

A few new partnerships are in the works for Sanibel Sea School as a result

of conversations had at the event. "We are in talks to develop some educational opportunities for students in our region, and we are looking at how we can get involved in telling the story of the

Everglades in a way that will help people understand the current issues and take action to create positive change," added Neill. "We look forward to sharing more details soon."✧

## Spirit Tree To Benefit Nonprofits

RS Walsh In The Garden – Sanibel's Retail Garden Center and Outdoor Showroom has planted a spirit tree that benefits local nonprofits. The olive tree was chosen because it represents love and charity. Spirit tree donations from October 10 to 31 will benefit Captains for Clean Water.

Canvas spirit tree tags can be purchased at the garden center gift shop for \$5. Purchasers can write well-wishes or blessings on the tags and attach them to the tree. All tag sales will be donated to Captains for Clean Water. In The Garden will match all tag sales and anyone who purchases a tag will receive a free two-inch succulent.

"Water is our island's most valuable resource," said Lisa Walsh, owner of In The Garden and RS Walsh Landscaping. "Captains for Clean Water shares our goal of protecting the well-being of our estuaries, the health of our local ecology and the quality of life for those that live, play and stay on our islands."

Captains for Clean Water is a grassroots 501(c)3 nonprofit organization that advocates for the elimination of harmful, large-scale Lake Okeechobee



Spirit tree photo provided

discharges into the Caloosahatchee and St. Lucie River Estuaries by restoring the natural flow of Lake Okeechobee water south into the Everglades and Florida Bay.

RS Walsh In The Garden is located at 3889 Sanibel-Captiva Road (across from The Sanibel School) and is open Monday through Friday from 10 a.m. until 4 p.m. and on Saturday from 9 a.m. until 1 p.m. For more information, call 395-5859 or visit [www.rswalsh.com](http://www.rswalsh.com).✧



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A mother snowy plover and her two chicks nesting in the sand and dune vegetation photo by Jean Hall

## Disappointing Season For Islands' Shorebirds

by Jeff Lysiak

A combination of a torrential rain event and the presence of toxic algae blooms throughout the spring and summer months resulted in a rather disappointing shorebird nesting

season, officials from the Sanibel-Captiva Conservation Foundation (SCCF) reported last week.

According to SCCF biologist and Shorebird Program Coordinator Audrey Albrecht, the 2018 nesting season for snowy plovers (which began in February) and for both Wilson's plovers and least terns (which started in April) initially looked rather promising.

"Everything started out good, but then Tropical Storm Alberto came on May 27," said Albrecht. "The storm



A snowy plover born on Sanibel in May, passed away in mid-September photo courtesy SCCF

washed over virtually all of the plover nests and at least half of the least tern nests."

As for the impact that red tide and the presence of blue-green algae in Southwest Florida waters, both caused a number of shorebird deaths (although it has yet to be officially confirmed, pending necropsy results). Albrecht reported five snowy plovers – including one from Sanibel, two on Siesta Key and one each on Fort Myers Beach and Lido Key – perished this season due to fatal toxicity.

"Snowy plovers aren't affected as quickly as other shorebirds because of their diets," she said, noting that two plovers found sick have been successfully rehabilitated at Save Our Shorebirds in Sarasota. "Snowys feed on insects, while other shorebirds typically feed on fish."

According to SCCF's 2018 Shorebird Nesting Season Report, snowy plover (*Charadrius nivosus*) nesting attempts dropped from 14 last year to nine this year. An equal number of nests hatched (two) while the number of chicks produced increased from three in 2017 to five this year.

Albrecht made note of a new predator that impacted snowy plover nests in 2018: the great horned owl.

"We lost a number of chicks to great horned owls," she said, noting it was the first time that this species has been identified as a predator on Sanibel. "They are a major problem in other areas, but this is the first time we've seen them go after snowys."

Other shorebird predators include raccoons, coyotes, ghost crabs and crows.

Of Sanibel's inventory of banded snowy plovers, Orange/Black remains alive and well. The bird, banded in 2009 which is at least 10 years old, was spotted recently on the east end. "She must've been through many red tides, but somehow she keeps surviving," said Albrecht.

Green/White, hatched on May 23, 2017 and banded the following month, was spotted at Hurricane House on Siesta Key last month. However,



Audrey Albrecht holding a snowy plover chick during the banding process photo courtesy SCCF



A brooding snowy plover chick underneath its mother photo by Jean Hall

both Blue/Green and Orange/White succumbed to the effects of toxic algae blooms in late August and mid-September, respectively.

Shorebird news isn't all bad, Albrecht reported.

"Last year. We didn't have any least terns (*Sternula antillarum*) nest. This year, we saw about 28 nesting pairs on the islands," she said. "And at least 27 chicks fledged. Unfortunately, 15 of those nests were washed over. We also had 15 to 20 chicks lost to predators."

One banded least tern, first seen on Sanibel in April 2016 which had disappeared after Tropical Storm Colin, has been seen back on the island this summer.

Wilson's plovers (*Charadrius wilsonia*) did relatively well this season, increasing the number of nesting attempts from five last year to seven in 2018. But like last year, zero chicks were produced.

For questions or additional information, visit [www.sccf.org/our-work/shorebirds](http://www.sccf.org/our-work/shorebirds) or email [shorebirds@sccf.org](mailto:shorebirds@sccf.org).



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## Lead Sponsors Announced For Wines In The Wild

The Sanibel-Captiva Conservation Foundation (SCCF) announced that Bank of the Islands is returning as the Presenting Sponsor for Wines in the Wild, scheduled for Friday, November 9 at the Bailey Homestead Preserve.

"Bank of the Islands is such a tremendous corporate citizen for SCCF as well as the entire island nonprofit community," said SCCF CEO Erick Lindblad. "The renewal of their support for this annual fundraising event will ensure a fun and successful evening for our organization."

The 2018 Wines in the Wild also benefits from the support of Diamond Sponsors Lucy and Paul Roth.

"We are so grateful for the generosity and hard work of our fellow event co-chairs and this year's Diamond Sponsors Lucy and Paul Roth," said founders Tom and Linda Uhler. "This year's Wines in the Wild is going to be very special, thanks to their support."

So what's new for this year? A great deal, according to the Roths.



From left, Bank of the Islands' Geoff and Robbie Roepstorff, SCCF CEO Erick Lindblad and Diamond Sponsors Lucy and Paul Roth photo provided

"We'll have six stations set up on the Homestead grounds. Each will feature a savory dish from one of Sanibel's finest

kitchens. Our returning Kitchen Partners include Catering by Leslie Adams, Il Cielo and Sweet Melissa's Cafe. They

will be joined this year by three new Kitchen Partners: Cip's Place, The Sanibel Catering Company and Malia, one of Sanibel's newest restaurants. The foods will be paired at each station with specially selected complementary wines. It will be a great opportunity to explore the grounds and unique features of the Homestead while sampling wines donated by Bailey's General Store, our returning Wine Sponsor. We'll end the evening with a dessert surprise in the Homestead Pavilion, upbeat music from the Danny Morgan Trio and a live auction of very special experiences. There will also be valet parking, sponsored by Doc Ford's Rum Bar & Grille, and a thank you gift underwritten by Island Taxi."

Guests in "Island Festive" attire will gather from 6:30 to 9 p.m. at the beautifully lit Bailey Homestead Preserve, located at 1300 Periwinkle Way. Reservations for Wines in the Wild can be made by calling Linda Uhler at 472-3817. Admission is \$125 per person. Because this event is likely to sell out in advance, tickets will not be available at the door.

For more information, visit [www.sccf.org](http://www.sccf.org). The Bailey Homestead Preserve is located at 1300 Periwinkle Way on Sanibel. ✨

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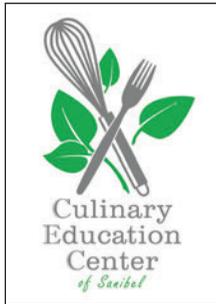
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The Community House

# The Oat



Oats were introduced to North America with other grains by Scottish settlers in 1602 and had a variety of uses including roof thatching, animal feed and the production of beer, ale and whiskey.

Oats were officially recognized as a health food around the mid-1980s and became popular for medicinal purposes. Oats began to be used to protect against certain cancers, to stabilize blood sugar in diabetics, soothe skin conditions and to treat heart disease by lowering cholesterol. Oats act like tiny sponges, actually soaking up cholesterol and carrying it out of the bloodstream.

Oats are high in protein and rich in soluble fiber, folic acid, calcium, zinc, iron, manganese, vitamins B1 and E.

Here is a simple recipe to try:

### Grilled Peach Crisp

Ingredients

4 ripe peaches (cut in half and seed removed)

½ cup butter (cut into pieces and chilled)

1 tsp. cinnamon

1 tsp. vanilla extract

1 cup oats

½ cup whole wheat flour or (gluten free flour)

1 cup honey

Method

To prepare the peaches

Preheat the grill. Preheat oven to 350F. Grill the peaches until slightly softened. Remove from the grill and arrange in an oven proof dish and set aside.

Add the butter, cinnamon, vanilla, oats and flour to a mixing bowl and

work the ingredients until combined and crumbly.

Add the honey to the crumble mix and combine.

Top the peaches with the crisp and bake for 25 to 30 minutes.

Remove from the oven and serve with frozen yogurt.

Resident Chef Jarred Harris heads the Culinary Education Center at The Community House on Sanibel.

For volunteer opportunities or questions, contact him at [kitchen@sanibelcommunityhouse.net](mailto:kitchen@sanibelcommunityhouse.net) or call 472-2155.✳

by Resident Chef Jarred Harris

Oats are a type of grass, grown and harvested for their edible seeds and are one of the most important grain crops worldwide. The oats origins are found in North Africa and Asia, where oats still grow wild today. Oats were one of the first cereals cultivated by ancient Chinese farmers around 12,000 BC and used as a food supplement. These ancient farmers began to farm wheat and barley, about 10,000 BC, and considered oats a nuisance weed, better suited for animal feed.

Ancient Greeks were the first to turn oats into a porridge and use them for medicinal purposes as well as food. Porridge was used to treat infection and stomach disorders. The Ancient Romans considered oats to be diseased wheat and better suited for animals, not for human consumption.

30, 9 to 10:30 a.m.

Hip Hop/Jazz with Bobby Logue. Friday, November 2 through November 30, 10:45 to 11:45 a.m.

Call 395-0900 or stop by the BIG ARTS Center at 900 Dunlop Road to enroll. Preregistration is recommended. For complete course descriptions and the full season's workshops and class schedules, visit [www.bigarts.org](http://www.bigarts.org)/workshops or email [info@bigarts.org](mailto:info@bigarts.org).✳

## American Legion Post 123

American Legion Post 123 is serving barbecued chicken and ribs this Sunday, October 14 from noon to 8 p.m. The following Sunday, October 21, stir fry is on the menu from noon to 8 p.m.



On Tuesdays, tacos are served all day. Country fried steak is served all day on Wednesday. On Fridays, a six-ounce ribeye steak sandwich is on the menu. There are daily specials as well as half-pound burgers. Food is served from 11 a.m. to 8 p.m.

If you have a flag that needs to be retired, drop it off at Post 123.

American Legion Post 123, located at Mile Marker 3 on Sanibel-Captiva Road, is open Monday through Saturday from 11 a.m. to 9 p.m. and Sunday from noon to 9 p.m. The public is welcome. For more information, call 472-9979.✳

BIG ARTS Corner

## Workshops And Seminars

BIG ARTS is offering the following workshops and seminars:

BIG ARTS Community Chorus rehearsal with Ellen Whitten. Tuesday, October 16 through December 11, 6:30 to 8:30 p.m.

Paint with Friends (open studio) with Jane Hudson. Wednesday, October 17 through March 27, 1 to 4 p.m.

HD LIVE at the Met Lecture on *La Fanculla del West* with Tom Cimarusti. Friday, October 26, 1 to 3 p.m.

Clay 101/201: How to Be Creative With Clay with David Hoggatt. Thursday, November 1 through December 20 (No class November 8), 9 a.m. to noon.

Intermediate Tap with Bobby Logue. Friday, November 2 through November

Community Housing & Resources is excited to announce our new fundraising series **GIVE BACK WEDNESDAYS #GBW**

## SUPPORT CHR AT THESE LOCAL BUSINESSES THIS FALL

Every other Wednesday during the months of August through October, various Sanibel businesses—amazing restaurants, resorts, retailers and your community grocer—will be hosting the fundraiser and donating a portion of their proceeds to CHR. **So, make plans to eat out, shop and play at these generous local businesses on Wednesdays this fall and support CHR.**

<b>AUG 8</b> 	<b>AUG 22</b> 	<b>SEPT 5</b> 	<b>SEPT 19</b> 
<b>OCT 3</b> 	<b>OCT 17</b> 	<b>OCT 31</b> 	

**AND EVERY WEDNESDAY IS WINE WEDNESDAY** **BAILEY'S GENERAL STORE**—  
A portion of all Wine Sales every Wednesday this fall will be donated to CHR!

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**DAILY SPECIALS Sunday-Thursday**  
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**HAPPY HOUR**  
4 pm to 7 pm  
House wine by the glass  
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<p><i>save 1.00</i></p> <p>Large Carving Pumpkin <b>8<sup>99</sup> ea.</b></p>	<p><i>save .50</i></p> <p>Zucchini or Yellow Squash <b>1<sup>49</sup> lb.</b></p>
<p><i>save 1.00</i></p> <p>Corona Beer 12/12 oz. Cans or Bottles <b>15<sup>99</sup></b></p>	<p><i>save 1.00</i></p> <p>Boar's Head Smoked Cheddar <b>9<sup>99</sup> lb.</b></p>
<p><i>save 1.50</i></p> <p>Pepsi Products Assorted Varieties 12/12 oz. <b>3<sup>99</sup></b></p>	<p><i>save 1.00</i></p> <p>Nestle Drumsticks Assorted Varieties 8 Count <b>5<sup>99</sup></b></p>

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Open 6AM - 10PM  
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**JERRY'S** Foods  
At Periwinkle & Casa Ybel



**Avocado and Egg Bake**

2 Avocados  
4 eggs  
1/2 cup grated cheese (your favorite)  
Sea salt and fresh ground pepper, to taste

Cut each avocado in half and remove the seed. Preheat oven to 400 degrees. Cut a small slice on the bottom of each avocado half to create a flat surface so they won't roll. Crack an egg into each avocado half where the seed was. Season the top of the avocado and egg with salt and pepper to taste. Evenly add the shredded cheese to the top of each avocado. Bake stuffed avocados for 10 to 15 minutes or until the egg reaches the desired doneness. Remove avocados from oven and serve with toast.\*



Avocado and Egg Bake

photo courtesy Fresh From Florida

**LIVE ON THE ISLANDS**

**Il Cielo** has live entertainment with Scott McDonald on Tuesday, Wednesday, Thursday, Friday, Saturday and Sunday.

**Island Cow** on Periwinkle Way has live entertainment on Friday with Dan Confrey. Peter Redpath plays on Saturday. On Sunday, it's Dan Confrey.

**Traditions on the Beach at Island Inn** has live entertainment on Friday with Woody Brubaker and Marvilla Marzan. Dusk performs on Saturday and Wednesday.

Restaurant owners/managers, please email or fax any changes to your entertainment schedule to [press@islandnews.com](mailto:press@islandnews.com) or 395-2299.\*

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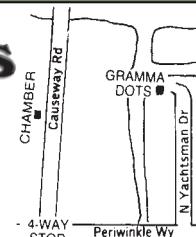
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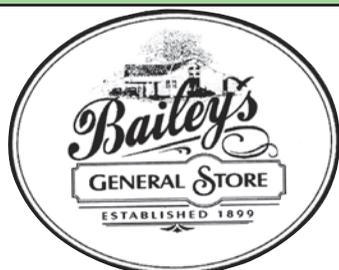
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NOVEMBER 28<sup>th</sup> 5:30PM until 7:30PM

**CELEBRITY CHEF TOUR DINNER**  
**NOVEMBER 29, 2018**  
6:30 PM | Il Ceilo

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Hosted by Chef Melissa Akin of Il Cielo

## COCKTAIL RECEPTION

Passed hors d'oeuvres from 5:30-6:30pm

## ONE NIGHT ONLY

### SIX COURSE DINNER WITH WINE PAIRINGS

JBF nominees prepare specialty & signature dishes per course

**TICKETS \$275 PER PERSON** for two-night event or \$225 for Celebrity Chef Tour Dinner only

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*The James Beard Foundation's mission is to celebrate, nurture, and honor chefs and other leaders making America's food culture more delicious, diverse, and sustainable for everyone.*



## MENU

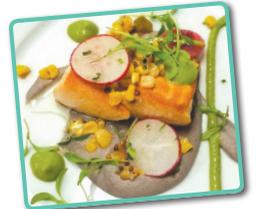
### CHEF PAT SHEERIN

#### Passed Hors d'oeuvres:

Date Glazed Snake River Pork Belly, Chinese Banana Mustard, Cashews

#### 1st Course:

Smoked Skuna Bay Salmon, Everything Spice, Red Onion Yogurt, Tito's and Tonic pickled Cucumbers, Buckwheat Nest.



### CHEF ED SURA

#### Passed Hors d'oeuvres:

Cauliflower, Gruyere Truffle

#### 2nd Course:

Miso Sweet Corn Custard, Edamame, Smoked Peanuts, Shiso

### CHEF PAUL VIRANT

#### Passed Hors d'oeuvres:

Chicken Sausage Beignets, fermented Cherry Bomb Aioli

#### 3rd Course:

Pompano En Papillote, Spinach, Black Truffle, Celery Root Remoulade



### CHEF ANDREW ZIMMERMAN

#### Passed Hors d'oeuvres:

Pork and Shrimp Shu Mai, Smoked Trout Roe, Sweet Soy

#### 4th Course:

Creekstone Farms New York Strip, Wagyu Beef Cheek Pastrami Hash, Fondant Potatoes, Green Peppercorn Sauce



### CHEF MELISSA AKIN

#### Passed Hors d'oeuvres:

Roasted Corn Blini, Avocado Crème Fraiche, Local Caviar

#### 5th Course:

Duck Confit Ravioli, Smoked Duck Breast, Foie Gras Ganache, Coffee Sand, Pomegranate-Cranberry Syrup



### PASTRY CHEF LEV DALKE

#### 6th Course:

Biko Cake, Corn whipped Panna Cotta, Sesame Nougatine, Puffed Rice, Kabuso Sauce



**CHEF PAT SHEERIN**

City Mouse, Ace Hotel Chicago  
Chef / Managing Partner Trencherman, Chicago  
Executive Chef, Signature Room, Chicago  
French Culinary Institute Degree, New York  
Bachelor of Arts Michigan State University



**CHEF ANDREW ZIMMERMAN**

Sepia and Proxi Restaurants, Chicago  
5 Time James Beard Foundation  
Best Chef Nominee  
French Culinary Institute Degree, New York  
(1st in Class)  
Iron Chef American Winner, Battle Cream Cheese  
Michelin Star holder at Sepia since 2011



**CHEF ED SURA**

Chef de Cuisine, Uchiko, Austin  
2016 Semi-finalist James Beard  
Foundation Rising Star Chef Award  
Great Lake Culinary Institute 2009  
NoMI, Chicago  
Perennial Virant, Chicago



**CHEF PAUL VIRANT**

Vie (Western Springs, IL), Vistro, (Hinsdale, IL),  
8 Time James Beard Foundation Nominee  
(Best Chef, Great Lakes, 2008 - 2016)  
Culinary Institute America, Hyde Park, New York  
Jean Banchet Award for Culinary Excellence  
as Top Celebrity Chef 2007  
Michelin Star holder at Vie 2011



**CHEF MELISSA AKIN**

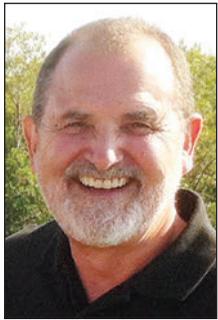
Executive Chef, IL Cielo  
Host Pastry Chef James Beard Foundation 2017  
Chef, Wild Dunes, Charleston  
Associates Degree, NECI 1998



**PASTRY CHEF LEV DALKE**

Graduated French Pastry School,  
Kennedy King College, Chicago 2012  
Levy Restaurants, Mizzou, MO  
Nourish Café & Market, MO  
Sugarjones Inc, IL

## Denial



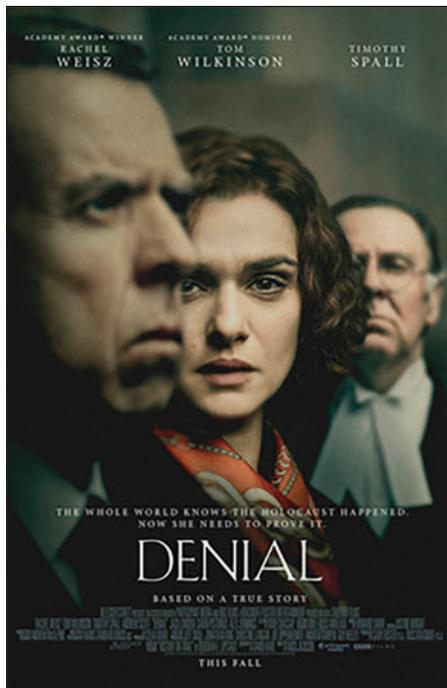
by Ron Green

On Wednesday October 17 at 12:30 p.m., the Island Cinema will show *Denial*, the first film in this year's BIG ARTS Ethics Film Series. The film runs 109 minutes. Following the

movie, a discussion will take place at the cinema. Other films in the series will be announced prior to the weekly showing.

*Denial* is a 2016 historical drama directed by Mick Jackson. It is based on the acclaimed book *History on Trial: My Day in Court* by Deborah E. Lipstadt. It re-enacts Lipstadt's legal battle for historical truth against David Irving, who accused her of libel when she declared him a Holocaust denier. The film stars Academy Award winner Rachel Weisz as Lipstadt, two-time Academy Award nominee Tom Wilkinson as her lead attorney, and Cannes Award winner Timothy Spall as David Irving.

While most films reflect the ethical values of the world they present, only a select few films present sharp and not easily resolved conflicts between competing ethical values. Each of the four films in this series asks, "What are the ethical conflicts depicted in this film, and in view of them, what do you



think is the right thing to do?"

Among the ethical questions raised by *Denial* are: "How can we best honor the victims of injustice?" and "When facts are in dispute, how can we establish the truth?"

Wednesday's discussion will be led by Ronald M. Green, professor emeritus for the Study of Ethics and Human Values at Dartmouth College. Green is a Sanibel resident. Tickets are \$7, available at BIG ARTS, or the day of the film at Island Cinema, located at 535 Tarpon Bay Road, in Bailey's Shopping Center.\*

## Shell Museum Director To Speak At Luncheon

Bailey-Matthews National Shell Museum Executive Director Dorrie Hipschman will present *Life on Earth: The Museums, Our Responsibility, My Journey* at the Women in Leadership Speaker Series presented by the American Business Women's Association (ABWA) at Sundial Beach Resort and Spa on Tuesday, October 23. Networking starts at 11:30 a.m. followed by lunch and presentation from noon until 1 p.m.

Hipschman will review the meaningful role of natural history museums in sustaining life. Equally powerful, Hipschman will share insights into her personal journey and her role in the museum community.

"Natural history museums never stop discovering and sharing scientific information," said Hipschman.

"When I started my career, I did not envision taking this path, but now I can't imagine doing anything more important."

Hipschman will illuminate the vital role in global science, culture and history played by the Bailey-Matthews National Shell Museum. She will touch on the responsibility of Sanibel residents, and residents of the rest of the world, in nurturing museums.

"Hipschman's powerful message goes beyond the tough trade-offs women face in developing careers



Dorrie Hipschman photo provided

to fundamental issues of relevance and meaning," said Gloria Garrett of HMG, president of the Sanibel Captiva Charter Chapter. "Her perspective on balancing personal and professional roles spawn a great discussion with inspiration for all of us, women and men alike."

ABWA welcomes the community to join the monthly luncheons and the Women in Leadership Speaker Series. Cost is \$20.

Sundial Beach Resort and Spa is located at 1451 Middle Gulf Drive on Sanibel. Send an RSVP to [info@abwasanibelcaptiva.org](mailto:info@abwasanibelcaptiva.org) or register at [www.abwasanibelcaptiva.eventbrite.com](http://www.abwasanibelcaptiva.eventbrite.com).\*

From page 1

## Art Receptions

sees a reclining orangutan viewed from its head and arms in the foreground with just a hint of the rest of its body in view. It's not at all scintillating; the joke is on the viewer, whose concept of "nude" is thereby challenged.

In Holt's paintings, primates are common, and they often appear in scenes with a moon or other circular objects that make them appear to have halos. Two wear Victorian-style dresses with their hair in ringlets.

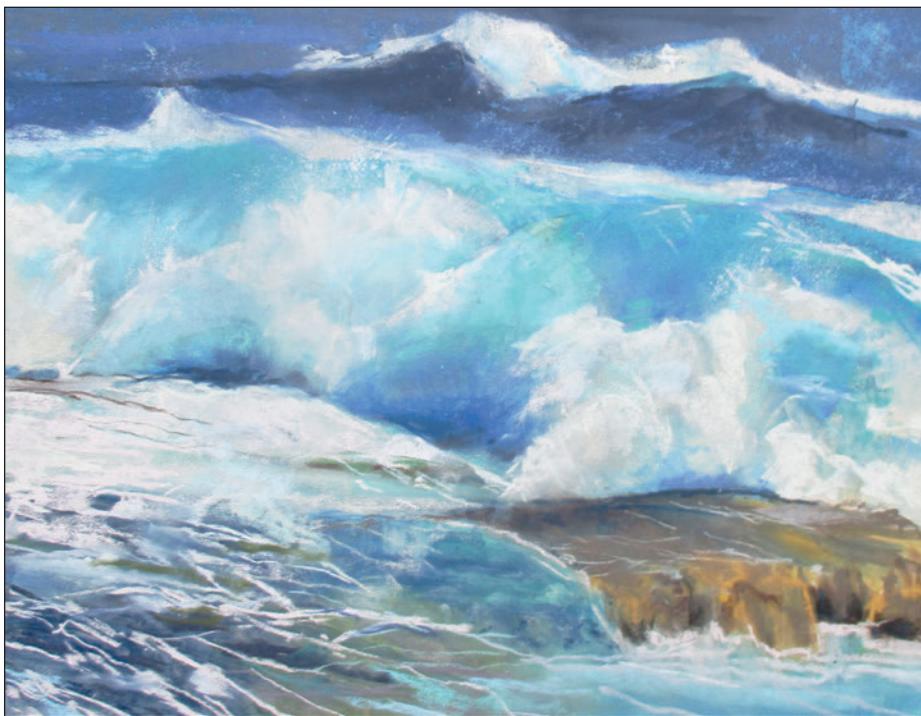
His work can be found in the collections of Jane Goodall and Malcolm Forbes.

"As we age, we tend to lose our ability to explore, express and take risks," Tieman asserts on his website. "Now, in my 50s, with my sons in high school, I've begun creating art for myself again. I've avoided the intricacies and labor of glass art and focused on print and drawing and wood and paint – art that allows me to experience the true satisfaction of artistic expression."

His Scribbles & Bits pieces depict birds and abstract geometrics, some with robotic associations. Of Tinkertoys and Crayons pieces become wood and paint figures with colorful dowels.

Weber is all about second chances. He creates assemblages from found objects.

"I find cast-offs along railroad tracks, at construction dumps, flea markets, thrift shops; wherever they lay," his



Wave and Rock by Suzanne G. Bennett

online artist's statement reads. "I believe all matter, inanimate as well animate, is destined to lead many lives and serve many purposes. With encouragement the discarded can re-invent itself on a different level."

Passion for Pastels focuses on the outside world more realistically. Both artists involved "toe the line of abstract

image provided

art," Huff said. "Both push the boundaries of plein air, conveying motion and emotion" in what is normally a fairly static genre."

Bennett, inspired by her surroundings, focuses on the twisting lines of the local foliage, large swatches of color from landscapes, and huge colorful domes of sunsets.

Barron Buelow focuses on portraying the scene in front of her, the movement, the incredible variety of hue and shape that nature displays. Locally, she is a member of the Sanibel-Captiva Art League and teaches pastel at BIG ARTS.

Both receptions begin at 5:30 p.m. and feature complimentary wine and hors d'oeuvres. Both shows open on October 17 and are on display through November 25.

For more information, call 385-0900 or visit [www.BIGARTS.org](http://www.BIGARTS.org).\*

## Family-Friendly Scavenger Hunt

Sanibel Sea School will host the first annual Flip Flop Family Scavenger Hunt on Saturday, November 3 beginning at 10:30 a.m. at Sanibel Congregational United Church of Christ, located at 2050 Periwinkle Way.

The island-wide scavenger hunt will be full of laughs and fun challenges for participants of all ages, and will end with a bonfire celebration on the beach. All proceeds from the event will support the organization's scholarship fund to provide meaningful ocean experiences to those in need.

Event tickets are \$25 per participant, and individual and business sponsorship opportunities are still available. To learn more and sign up, call 472-8585 or visit [www.sanibelseaschool.org/flipflopfundraiser](http://www.sanibelseaschool.org/flipflopfundraiser).\*



Lora Lea Plummer discussing her Heartbreak In Our Waters series photo provided

## Red Tide Provokes A Different Artistic Approach

Lora Lea Plummer, the October Artist of the Month at Sanibel Congregational United Church of Christ, is known for creating paintings that are saturated with bright color and have a whimsical quality. While some of the work on view in her exhibit at the church this month fits that description, other newer paintings reflect a darker theme: the toxic environment caused by red tide and blue-green algae. The cheerful outlook is gone, replaced by somber colors and unsettling themes.

"I was in Jacksonville for a couple of weeks; and when I returned, I was appalled by the enormous number of dead fish and other sea life," said the Sanibel resident, a native Floridian. "This is supposed to be the Sunshine State, and there was death everywhere."

While the sun appears in some of her new works, it's a hard-edged stylized design above a sea of red, gray and black fish; amoeba-like shapes; and white, toxic-looking spots. Others paintings in this Heartbreak in Our Waters series show a sea teeming with creatures, but they're gray bodies in a gray sea, signifying the carnage in our waters. One bright yellow fish shines out among the gray-and-black shapes, the lone survivor.

Plummer, who is also a teacher at Sanibel Christian Preschool, a ministry

of SCUCC, received a degree in graphic design from Southwest Florida College. Ordinarily, her bright paintings incorporate materials such as luminous beads and colored glass; but those aren't evident in her current work. Even her trademark multi-dimensional effects are gone from this new series. What remains, though, is the artist's passion.

The earlier and most-recent paintings present a striking contrast as they hang side by side in the church's Fellowship

Hall. The exhibit may be seen during office hours when the room is not otherwise being used and on Sundays after the 7:45 and 10 a.m. services. The paintings are for sale, with a portion of the proceeds benefiting the SCUCC Memorial Fund.

Sanibel Congregational United Church of Christ is located at 2050 Periwinkle Way. For more information, call the office at 472-0497 or visit [www.sanibelucc.org](http://www.sanibelucc.org).

## Literary Lunchbox Series To Begin

MacIntosh Books will be kicking off its new Literary Lunchbox Series with award-winning children's author Jen Calonita at The Community House on Wednesday, October 24. Tickets, which are \$25 and available at MacIntosh Books, will include the author talk, boxed lunch provided by Sanibel Deli and a hardcover copy of the first book in Calonita's new middle grade series titled *Misfits*. The talk will begin at 11 a.m. followed by an opportunity to meet the author and have your book signed. Calonita is the first author to appear in the 2018-19 series.

Calonita will speak about her writing inspiration and process, her extensive body of work and what she feels we as parents and grandparents can do to foster the love of reading in the young people around us. Older children are welcome to attend with an adult.

For more information, call 472-1447.



Jen Calonita photo provided

MacIntosh Books and Paper is located at 2330 Palm Ridge Road in Palm Ridge Place shopping center.

# The Launch

SATURDAY, NOVEMBER 17TH  
6:00 - 10:00 PM

*location*

The Sanibel Community House

*attire*

Island Casual

*Guests will enjoy dinner and drinks, auctions, entertainment, and more.*

Celebrating The Past,  
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of Our Coastal Heritage

Tickets are \$100 per person  
To reserve your spot, please contact  
Sam Lucas at (239) 472-8585  
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[sancapcoastalkeepers.org/the-launch](http://sancapcoastalkeepers.org/the-launch)

Proceeds will fund local conservation initiatives created by Coastal Keepers, the conservation initiative branch of Sanibel Sea School, a 501(c)3 non-profit corporation.

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# BURNS *family* TEAM

SANIBEL AND CAPTIVA

YOUR LOCAL EXPERTS  
WITH A GLOBAL REACH.



## 1. Shell Seekers – Captiva

- 6BR/7.5 BA Olde Florida architecture style home offering stunning 180degree direct views of the Gulf of Mexico
- Stunning coastal décor, 2 story coffered ceilings in the living room, gorgeous master suite & fantastic outdoor living
- **\$8,475,000** EUR € 7,191,332

## 2. Remodeled Lake Murex Home – Sanibel

- 3 BR/ 2BA with pool, spa, and 2 story pool cage
- Old Florida style home near the beach on Sanibel's West end
- **\$899,000** EUR € 844,322

## 3. Across street from Beach, Views of Sanibel River – Sanibel

- 3 BR/ 2 BA home located directly across the street from beach with views of Sanibel River & Beachview Golf Course & a short walk to several restaurants & tiki bars'
- Recently remodeled, south facing screened in pool, all new kitchen and baths
- **\$999,000** EURO 914,215

## 4. Gulf Ridge home directly across from the Beach– Sanibel

- 3 BR/ 3.5 BA on over an acre of lush land, home features custom details throughout
- Hand-stained wood ceilings with clerestory windows and multiple outdoor spaces
- **\$1,449,000** EURO € 1,229,526

## 5. Direct Access Canal home with Boat dock & Lift – Sanibel

- 3 BR/3 BA home located on 100 feet of canal frontage with direct Gulf access
- Old Florida style home with boat dock & lift, quick access to San Carlos Bay, screen enclosed pool
- **\$1,100,000** EURO €901,136

## 6. Cottage Colony West – Sanibel

- 1 BR/1 BA direct Gulf front remodeled top floor unit
- Vaulted ceilings, community tennis, pool, and more
- **\$625,000** EUR € 512,009

## NEW LISTING



## NEW LISTING



## 7. Captiva Village home with stunning Gulf Views – Captiva

- 3 BR/4 BA fully remodeled home designed to take advantage of Gulf views from every level
- Wood floors, stainless steel kitchen, stone fireplace, multiple lanais, large master suite, grotto inspired pool with hot tub, wet bar and shower.
- **\$3,995,000** EUR € 3,475,070

## 8. Ventura Captiva condo

- 3 BR/3 BA townhome style condo with Bay views
- Conveniently located in Captiva Village
- **\$919,000** EUR € 798,734

## 9. Sanibel Estates Canal Home

- 5 BR/4.5 BA remodeled home on navigable canal
- Unique, charming, with private enclosed swimming pool
- **\$999,000** EUR € 900,317

## 10. Remodeled Direct Access Canal Home in Shell Harbor

- 3BR/3BA completely remodeled ground level home featuring travertine floors and open kitchen
- Large boat dock able to accommodate sizeable boat or sailboat, very short trip to the open waters of the bay
- **\$1,749,000** EURO € 1,484,087

## 11. Sundial West Top Floor w/ Gulf Views

- 1 BR/1 BA remodeled condo with screened in lanai in building H
- Gulf views from almost every room, excellent rental income
- **\$465,000** EUR € 380,934

## 12. South Seas Beach Home – Captiva

- 4BR/ 3BA with open and enclosed lanai space, perfect for daily sunsets
- Fully upgraded and remodeled, private deck, steps from the Gulf
- **\$3,375,000** EUR € 2,822,195



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Tiffany, Jeff, Joan & Joe Burns



Kathy Haungs, Denice & John Beggs

## Book Review

## Spy Master



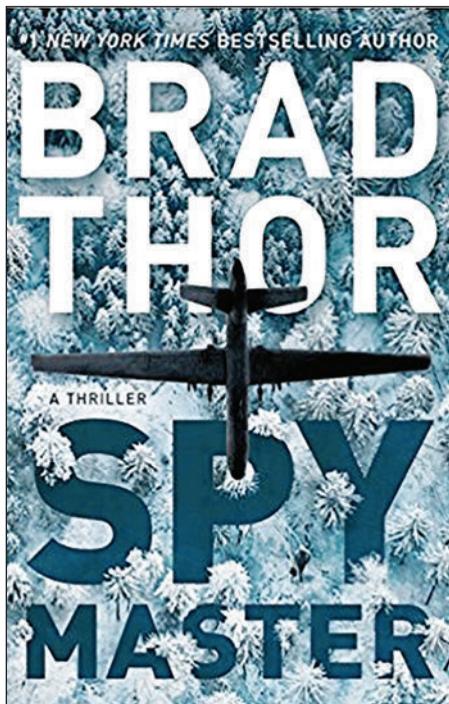
by Di Saggau

In his latest thriller, Brad Thor again regales us with his hero Scot Harvath, in a tale of international espionage. This is his 18th novel featuring Harvath, and it convincingly

portrays Russia as an evil empire reborn of the Cold War and determined to reconquer its former territory.

The story begins in a remote cabin in Norway where all hell breaks loose. A chain of explosions and shrapnel tears through the flesh of the approaching counter-terrorism operators. Harvath saves his colleague but other members of the team aren't as lucky. Harvath's mission is one of the deadliest he has ever undertaken. Now in his mid-40s, Harvath takes performance-enhancing injections and is even thinking of marrying his longtime girlfriend Lara.

Saving the world is a big job but Harvath seems to be up to it. He and his numerous commandoes from around the world track down and capture a variety of Russian bad guys and get them to talk. It's interesting to read about all the latest interrogation techniques. Harvath and his team are dispatched to Europe with a critical



assignment, to do whatever it takes to keep America and her NATO allies from being dragged into war.

As a prelude to war, one of the world's most dangerous intelligent agencies has been charged with preparing the battlefield. Their job is to demoralize the enemy and win the conflict before it even begins. To do this they will sow as much chaos, dissent and destruction as possible.

With his mentor Reed Carlton out of the game, Harvath must play an

additional role; one which he has spent his entire career avoiding, and one which he believes he is ill prepared to take on. In the final section of the novel the team skydives into Lithuanian airspace and glides over the Russian enclave of Kaliningrad, then lands in a pasture at night. It's interesting how they fight off a bunch of armed Russians. There's also a twist at the end, a betrayal that is no doubt a clue

that a Scot Harvath thriller – Number 19 – will soon be available to preorder. I will be watching for it.

In *Spy Master*, Harvath proves more cunning, more dangerous and more lethal than ever before. With breathless pacing, ripped-from-the-headlines twists, and the predictive storytelling that are his trademark, Brad Thor has written his finest thriller, a masterpiece of action, intrigue and betrayal.\*

## School Smart



by Shelley M. Greggs, NCSP

**D**ear Shelley, My son is in 9th grade, and I think he's being cyberbullied. He does well academically and has a few friends. He's a good kid, and I want to make sure he's safe.

I've asked him about this, but he says nothing is wrong. What signs should I be looking for?

Theresa T, Fort Myers

**Teresa,**

You are not alone with your worry. A new Pew Research Center survey finds that 59 percent of U.S. teens have personally experienced at least one of six types of abusive online behaviors: offensive name-calling 42 percent; spreading of false rumors 32 percent; receiving explicit images they didn't ask for 25 percent; constant asking of where they are, what they're doing, who they're with, by someone other than a parent 21 percent; physical threats 16 percent; having explicit images of them shared without their consent 7 percent.

Kids are very hesitant to tell their parents about this situation. The main reasons children don't share are: 1) they may not know exactly what online bullying is; 2) even if kids do realize they're being bullied, they may not be sure how to handle the situation. Rather than speak up, they may just stay silent while they try to figure it out; 3) They may be worried that if they complain, the bullying will get worse. Or they may feel that some attention from kids, even if it's negative, is better than none; and 4) Kids may also be afraid of losing online privileges. They might be nervous that their parents will address the problem by taking away their cell phones and computers.

Since your child may not tell you about it, it's important for you to be aware of possible signs that he's being bullied online. Learn how to recognize the signs. He could be a victim of cyberbullying if:

He suddenly stops using the computer, even though he's always enjoyed it before.

He doesn't want to use the computer in a place where you can see it.

He turns off the computer monitor or changes screens every time you walk by.

He seems nervous or jumpy when he gets an instant message, text or email.

He alludes to bullying indirectly by saying something like "there's a lot of drama at school" or "I have no friends."

He doesn't want to go to school or appears uneasy about going.

He becomes withdrawn.

Here's how to help. Start by talking to your child. You can open the conversation by describing a bullying incident that happened to you as a child, or an example of cyberbullying that you heard about on the news. Make sure your child understands that if someone spreads rumors about him online, posts fake profiles of him or sends him mean texts or emails, that's bullying.

Cyberbullying can put your child at risk for anxiety and depression. It can also make it difficult for your child to concentrate at school. Here are steps you can take if you think he may be the target of online bullying.

If your child isn't willing to discuss this situation and you truly believe he is being bullied, you will have to calmly tell him that you're going to exercise your right as his parent and the administrator of his computer and phone and check out where he's been online and the history of what he's deleted.

If you confirm that he is being bullied, here's what you can do. Suggest to your child that he let the bullies know you have access to his electronics and that you monitor his online activities. If that doesn't work and the bullying is intense and frequent, you may need to take one or more of these steps:

Talk to the parents of the kids who are bullying your child. Let them know what's going on and how it's affecting him.

Reach out to your child's guidance counselor or principal. Every school should have anti-cyberbullying policies and protocols to help.

If neither of those strategies works, you may need to get law enforcement involved. Print out or save evidence of the bullying in case you need it to show the police.

If your child experiences anxiety, loneliness and other issues because of bullying, consider seeking professional help. You don't have to do it alone.

Shelley Greggs is adjunct faculty at Florida SouthWestern State College, where she teaches psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to [smgreggs@gmail.com](mailto:smgreggs@gmail.com). Not all questions submitted can be addressed through this publication.\*

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## Board Appoints New Member

**N**ykkie Rizley, director of rental operations at Royal Shell Vacations, Inc., has been appointed to the board of directors of the Florida Vacation Rental Managers Association (FVRMA).

As a board member, Rizley will help to support the professional vacation rental industry's presence throughout the region via consumer awareness and protection, government advocacy, member education and certification. She will also utilize her expertise to assist FVRMA members in preparing and improving their vacation rental units, in terms of state requirements, licensing, insurance and hurricane damage assessments.

"Nykkie's love for Southwest Florida and the vacation rental industry has blossomed congruently since her arrival in 2008," said Michael Polly, president and managing broker of Royal Shell. "The owners and guests of Royal Shell Vacations, as well as Nykkie's amazing team, have made her career satisfying



**Nykkie Rizley** photo provided

in a way that she never expected. She has grown significantly in every facet of the vacation rental industry, cultivating interpersonal dynamics, a culture of service and improved accountability. The FVRMA will surely be better for having Nykkie as a leader within its organization."\*

## Agency Hires New Director

**A**manda Clements has joined NOISE Inc. as vice president and director of strategic branding. Clements has served as senior manager of global promotions for VISIT FLORIDA, one of America's leading destination marketing organizations. She has more than 20 years of experience in brand strategy and development, strategic planning and implementation, consumer promotions, partnership development, social media marketing, influencer campaigns, media relations, and public relations. A veteran of the Florida tourism industry, her experience also includes the financial, media and not-for-profit industries.

In her role with NOISE, Clements will lead agency teams in development of multi-media, integrated strategic brand programs on local, regional, national and international levels.

"We are simply, absolutely delighted to have a person of Amanda's quality, status, experience, expertise and knowledge join



**Amanda Clements** photo provided

NOISE," said John Sprecher, president and creative director. "Having worked with Amanda the past seven years in creating numerous win-win partnerships for our clients, we're excited at the success opportunities she'll bring to our partners in the travel and tourism industry."\*

## Florida Economic Water Summit

**O**n Monday, October 15 from 6 to 9 p.m., industry leaders from the tourism and hospitality industry, the charter and leisure fishing sector as well as the real estate industry will join economists and scientists on the stage of the Broadway Palm Dinner Theatre for the 1st annual Florida Economic Water Summit to address the catastrophic damage to South Florida's economy caused by water quality issues.

Doors open at 5 p.m. for a Clean Water Fair by environmental nonprofits, followed by dinner and the forum from 6 to 7 p.m. (\$25 donation), the Florida Economic Water Summit from 7 to 9 p.m. (\$10 donation) and the continuation of the

fair from 9 to 9:45 p.m.

Prior to the summit in the theater lobby, from noon to 4 p.m., epidemiologist Adam Schaefer from Florida Atlantic University's Harbor Branch Oceanographic Institute, working in conjunction with the Center for Disease Control (CDC) and a nursing team, will conduct a pilot program of human cyanobacteria contamination testing, comprising of blood, urine and nasal swab testing of volunteer participants. The program, limited to 120 clients (30 per hour), is for research purposes. As such, lab results will not be shared with participants.

The Broadway Palm Dinner Theatre is located at 1380 Colonial Boulevard in Fort Myers. For more information, visit [www.facebook.com/events/712586642427666](http://www.facebook.com/events/712586642427666). To purchase tickets, visit [www.broadwaypalm.com/shows/florida-economic-water-summit](http://www.broadwaypalm.com/shows/florida-economic-water-summit).\*



(FROM TOP LEFT) STEVE BROWN, FOUNDER AND CHAIRMAN - AL HANSER, CHERYL GIATTINI, CEO - TERRY IGO.  
(BOTTOM LEFT) GEORGE HEISLER, GINNY FLEMING, HANK HUMPHREY, JIM PIGOTT, VIRGINIA STRINGER, CHUCK KETTEMAN.

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**17 BEACH HOMES, CAPTIVA**  
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 Fred Newman & Vicki Panico 239.826.2704



**BEACHVIEW CC ESTATES**

**1304 EAGLE RUN DR., SANIBEL**  
 • 3 BR, 3 BA + Den, New Build on Golf Course  
 • Open Concept for Indoor/Outdoor Living  
**\$1,100,000** MLS 218054747  
 Andre Arensman 239.233.1414



**HUSCHKA**

**SAWGRASS PL., SANIBEL**  
 • Incredible Building Site on W. Gulf Drive  
 • Beach Access Directly Across Street  
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 John Nicholson 239.849.3250



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**1501 MIDDLE GULF DR. #H108, SANIBEL**  
 • 1 BR, 1 BA, Newly Remodeled  
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**\$475,000** MLS 218048816  
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**1204 PAR VIEW DR., SANIBEL**  
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**North Carolina Locations:** Cashiers/Lake Glenville, Highlands and Sapphire Valley/Lake Toxaway

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**LAKE MUREX**

**580 LAKE MUREX CIR., SANIBEL**  
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 • 3,348 S.F., Short Walk to Beach Access  
**\$1,095,000** MLS 217075229  
 Cindy Sitton 239.810.4772



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**9027 MOCKINGBIRD DR., SANIBEL**  
 • Fantastic Lake View, Gorgeous Sunsets  
 • 4 Bedrooms, 3 Bathrooms  
**\$849,000** MLS 218050671  
 Jamie Gates 239.910.2778



**SEASPRAY SUBDIVISION**

**1321 SEASPRAY LN., SANIBEL**  
 • Desirable Tennis & Pool Community  
 • Huge Lot  
**\$995,000** MLS 218002223  
 John Nicholson 239.849.3250



**BEACHVIEW CC ESTATES**

**1270 PAR VIEW DR., SANIBEL**  
 • Pool Home, 4th Green & Fairway View  
 • Eastern Exposure, 3 BR, 2 BA, Fireplace  
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 John Nicholson 239.849.3250



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**15500 COOK RD., FORT MYERS**  
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**1629 LAND'S END VILLAGE, CAPTIVA**  
 • Highly Desirable Direct Waterfront, Fantastic Views  
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**2230 CAMINO DEL MAR. #3A1, SANIBEL**  
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 • Completely Remodeled & Updated  
**\$982,289** MLS 217047642  
 Shane Spring 239.229.3242



**COMPASS POINT  
 NEW LISTING**

**1299 MIDDLE GULF DR. #232, SANIBEL**  
 • Inviting 2 BR, 2 BA Condo  
 • Warm Gulf Breezes from Screened Lanai  
**\$659,000** MLS 218064888  
 Tracy Walters 239.994.7975



**SANIBEL HIGHLANDS**

**531 PIEDMONT RD., SANIBEL**  
 • Cute as a Button, Move-In Ready  
 • Ground Level, 3 BR, 2 BA, New Kitchen & BA  
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- **Price \$2,995,000**



#### PREMIER BOATING LOCATION

- Awesome Roosevelt Channel "point" location
- Big Water Views w/multiple newer boat docks
- Beautiful Florida style residence offering gorgeous Island setting
- Privacy within Captiva Gold Coast
- **Price \$2,895,000**



#### CAPTIVA - BELLE MAR

- 5BR, 5.5BA. Pool & Spa
- Main and Guest House. Great for Entertaining
- Awesome rentals or 2nd home luxury
- **Price \$2,499,000**



#### MEDITERRANEAN BEAUTY

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- Spectacular Wide Open Water Views
- **Price \$2,495,000**



#### SANCTUARY STUNNER

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- Gorgeous pool and spa area. Beautifully designed
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#### CAPTIVA VILLAGE

- Beautiful Florida Style within Heart of Village
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## Community Chorus Seeking New Members

**B**IG ARTS Community Chorus is looking for new members who would like to share their love of singing this holiday season.

BIG ARTS Community Chorus is a non-auditioned choral class open to singers of all ages and abilities. The only requirements are a commitment to attend weekly rehearsals and to practice your music. Ellen Whitten, director, graduated from Ohio University with a bachelor of fine arts degree and from Georgia State University with a master of music degree. She has over 30 years of choral experience.

Nine weekly rehearsals, beginning on Tuesday, October 16, will be held from 6:30 to 8:30 p.m. in Phillips Gallery at BIG ARTS.

The fall repertoire will include carols from around the world, traditional holiday classics and the premiere of another new choral piece by Erik Entwistle, the chorale accompanist.

"Singing along with the practice CDs and performance CDs made the entire experience fun and easy for me," said Joleen Raho, a new choir member. "I missed being a part of a choir and I'm so happy I made the time and found the courage to participate last year. I'm looking forward to a happier and more fulfilled holiday season that will include BIG ARTS friends and music."

Performances include the Thanksgiving Celebration on Sunday, November 18, Caroling for the Luminary Festival on Friday, December 7 and a holiday performance on Wednesday, December 12 at 7 p.m. in Schein Hall.

Cost for members is \$85 and non-members are \$104. To register, call 395-0900 or send an email to info@bigarts.org.\*

## Industry Appreciation Award Winners

**T**he Horizon Council and the Lee County Economic Development Office recently announced the recipients of the annual Industry Appreciation Awards.

The Business Citizenship Award was presented to Edison National Bank/Bank of the Islands (small category, one to 50 employees) and Pavese Law Firm (large category, 51 or more employees) for their financial, volunteer and active involvement in community organizations and programs that create a better quality of business and civic life in Lee County.

In its 20 years, Edison National Bank/Bank of the Islands has given almost \$2.5 million in sponsorships, donations and support to the community, including more than \$200,000 in sponsorships and donations last year alone.

Pavese Law Firm is recognized for applying the law to such causes as preserving state lands, supporting important infrastructure projects and establishing major institutions such as

Florida Gulf Coast University.

The Diversity in Business Award was awarded to Lee Health for its implementation of programs in the workplace that create and promote diversity by employing initiatives within the organization and the community.

The Nonprofit of the Year Award was presented to Alliance for the Arts (small category, operational budget less than \$1 million) and The Heights Foundation/The Heights Center (large category, operational budget more than \$1 million) for recognizing a business or civic need within the community.

The Startup of the Year Award was presented to Testimonial Tree, which was founded in Lee County in the last three to five years and has demonstrated continued growth both financially and in staffing since start-up while leading and overcoming challenges.

The Business of the Year Award was awarded to FineMark National Bank & Trust for being in business six or more years in Lee County, under the same corporate name and ownership and successfully offering high-quality products and services and superior customer service.

For more information, visit [www.LeeCountyBusiness.com](http://www.LeeCountyBusiness.com).\*

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From page 13

## Family Fun Day

Noon Free *One Tiny Turtle* story and fish craft, with Ranger Toni, EC Auditorium Kidz Kool Zone

Noon Free Make & Take Nature Portrait (limited to first 25 middle school children who sign up that day), EC Kidz Kool Zone Classroom

Noon Free People & Panthers program, Florida Wildlife Commission, EC parking lot

12:30 p.m. Free The Black Water Mystery puppet show, Littleton Elementary, EC Auditorium Kidz Kool Zone

1pm FREE Kids Animal Yoga program by Ambu Yoga and Ranger Toni, EC Auditorium Kidz Kool Zone

1 p.m. Free Live Wildlife Presentation: Do's & Don'ts of Animal Rescue by CROW, EC parking lot

1 to 3 p.m. 25 percent off Commodore Creek Paddle, TBE

1:30 p.m. Free The Spiny Stranger puppet show, Littleton Elementary, EC Auditorium Kidz Kool Zone

1:30 to 3 p.m. 25 percent off Sea Life & Nature Cruise, TBE

2 p.m. Free Snakes Alive! program with Calusa Herpetological Society, EC parking lot

2 p.m. Free Techie Show-&Tell: Reddish Egret and Mangrove Cuckoo Studies with Dr. Ken Meyer, EC Auditorium

5 to 7 p.m. 25 percent off Sunset Rookery Kayak Tour, TBE

5 to 7 p.m. 25 percent off Evening Sea Life & Nature Cruise, TBE

Free & Continuous Throughout The Day

In the EC Auditorium Kidz Kool Zone:

Let's Get Outdoors group canvas painting, face painting, DIY nature

crafts, dress-up photo station, Federal & Junior Duck Stamp art exhibit

Outside:

Parking at Special Events Parking site (look for signs), shuttle service, naturalist-narrated, 60-minute tram tours (check in at tram booth upon arrival), Butterfly House, hot dogs, U.S. Fish & Wildlife Service emergency response vehicles and demos, archery and fly-fishing demos, adjacent to overflow parking lot, ongoing Learning Laboratories Scavenger Hunt: Look for sheets in your goodie bag to be entered in a drawing for five prizes (need not be present to win), hands-on nature crafts and informational booths with giveaways.

The following sponsors make "Ding" Darling Days possible this year:

Roseate Spoonbill Sponsors – Doc's Ford Sanibel Rum Bar & Grille

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Great Blue Heron Sponsors – Bailey's General Store, Mike and Terry Baldwin, Bank of the Islands, *Island Sun*, Sanibel Captiva Beach Resorts, Sanibel Captiva Rotary Club, Sanibel Moorings, *Sunny Day Guide*

Reddish Egret Sponsors – Sarah Ashton - Realtor, RE/MAX of the Islands, Casa Ybel Resort, Chicago Midwest Claims, Inc., Jerry Edelman and Maryanne Daly, The Gresham Family, Jensen's on the Gulf and Marina & Cottages, Tiffani Kaliko and John Silvia, Mitchell's Sand Castles, Palm Printing, Sanibel-Captiva Kiwanis Club, George and Wendy Schnapp, Winston and Barbara Spurgeon

Snowy Egret Sponsors – Ambu Yoga, Anisa Stewart Jewelry, Colony Inn, Bob and Kemba DeGroot, John and Anette Gritti, Dave Horton, Island Therapy Center, Just Water, Panther Printing, Jim and Anne Scott, *Santiva Chronicle*, Nancy Tome \*



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**Gulf-Front Home With Amenities**  
 1351 Middle Gulf Dr, Moonshadows #2C remodeled 3-bedroom 3-bath 1/2 duplex with great room plus family room & beach-side patio. Pool & tennis shared with just 11 other owners. Near east end, handy to golf, tennis, & more. \$1,695,000 furnished



**Peaceful River View, Beach Across Street**  
 Top-floor Sunset South #6D. Just remodeled 2 bedroom with elevator, garage, huge storeroom, & washer/dryer hook-up. Easy residential living with condo convenience. Clubhouse has pool & social activities. \$649,000 partly furnished



**2nd Floor Water-View 2 Bedroom**  
 On bayside corner of Mariner Pointe Building 3, with no upper neighbor. Steps to this pool, fishing pier, boat dockage, & bbq/dining area. Updated interior with living space expanded into balcony. Has private open front deck too. \$599,000 furnished



**Bay-Front Reconfigured 2 Bedroom**  
 Mariner Pointe #1061, now a winter residence, but also could be a productive investment rental. Living space opened & expanded with bay views from entry right through to waterside lanai. New kitchen & baths too. \$499,900 partially furnished



**Easy Affordable Residential Living**  
 East-end Captains Walk #B2 is convenient to both gulf & bay beaches, causeway, marina, bike path, restaurants/shops. Carports, community docks, kayak/canoe racks, laundry, & low condo fees. Ground-level with new HVAC. \$239,000 furnished



**Build Near School & Rec Center**  
 Also handy to wildlife refuge, midway between Sanibel & Captiva. 9270 Kincaid Ct is on a private road with preserved land across the street. Homes already built on 2 sides. Well priced, but seller prefers closing in 2019. ~79' x 130'. \$149,000



**Wide Parcel in Gumbo Limbo**  
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Kingfisher Real Estate

photos by Jeff Lysiak

# Pink Out Celebration October 25

by Jeff Lysiak

The 7th annual Let's Pink Out! Celebration for Life luncheon will be held on Thursday, October 25 at Sanibel Fire & Rescue District Station #1, located at 2351 Palm Ridge Road. From 11:30 a.m. to 1:30 p.m., a picnic-style celebration – with food and refreshments provided by Cip's Place and Pinocchio's Original Italian Ice Cream – will take place inside the facility.

"The Pink Out luncheon is open to

the entire community, whether you're a breast cancer survivor or someone whose life has been touched by cancer," said Mary Bondurant, a Sanibel resident, realtor, breast cancer survivor and founder of the Pink Out gatherings. "If you're a survivor, your lunch is free; everyone else may make a donation."

Local businesses are asked to donate a raffle item. Non-perishable food items, which are being donated to FISH of SanCap, will also be accepted. Thus far, major sponsors or businesses donating to the Let's Pink Out! cause include Bailey's General Store, Kingfisher Real Estate, Sanibel Captiva Community Bank, Cip's Place, Pinocchio's Original Italian Ice Cream, Heidrick & Company Insurance, Sundial Beach Resort & Spa, Joey's Custard and the Sanibel



Sanibel Captiva Community Bank

Fire & Rescue District.

To become a sponsor or make a raffle item donation, call Mary Bondurant at 839-3633. Checks can be mailed to Pink Out, 9125 Mockingbird Drive, Sanibel, FL 33957.

In addition, Let's Pink Out! Sanibel & Captiva organizers and volunteers will be bagging groceries for tips every Saturday throughout October at Bailey's General Store, located at 2477 Periwinkle Way. All are invited to visit the business between 9 a.m. and 5 p.m. on October 13, 20 and 27. In addition, all volunteer baggers will receive a Pink Out T-shirt, which are also being offered for sale by donation.

To sign up as a grocery bagger, with one hour or all-day shifts available, email [PinkOutSanibel@gmail.com](mailto:PinkOutSanibel@gmail.com) or

call 839-3633.

On Saturday, October 20, the Radiology Regional Center's Mobile Mammo Coach will return to Sanibel Fire & Rescue District Station #1, located at 2351 Palm Ridge Road. Appointments for breast cancer screenings are available between 10 a.m. and 2 p.m. The state of the art mobile medical vehicle – staffed by members of Radiology Regional Center – will be offering on site 3D digital mammogram screenings. While most medical insurance companies will cover the expense of the examination, all women who are uninsured will have the cost covered by Let's Pink Out.

To schedule a mammogram, call Radiology Regional Center at 936-4068. ✨



Cip's Place Restaurant



Pinocchio's Original Italian Ice Cream

## New Director Of Development

Lynnae Messina recently stepped into the full-time position as director of development for the “Ding” Darling Wildlife Society-Friends of the Refuge. She, along with development officer Sierra Hoisington, work with Executive Director Birgie Miller in strengthening and enhancing overall development efforts.

A native of the Chicago area, Messina has lived in Lee County with her husband for four years and most recently served as assistant to the chief foundation officer for Lee Health Foundation in Fort Myers. She graduated from Illinois State University and has logged nearly 11 years of experience in nonprofit work.

“Lynnae will bring strength to our team with her skills in communication, management and fundraising,” said Miller. “Described by her colleagues as a dependable, driven leader, successful with building strong relationships and enhancing the mission of the nonprofit she is a part of, Lynnae has a history of successfully managing projects and meeting goals.”

A lifelong outdoors enthusiast, Messina says she is looking forward to fundraising to support the mission of the JN “Ding” Darling National Wildlife Refuge in protecting wildlife and its habitat.

“We always think that things in nature



Lynnae Messina photo provided

are taken care of, but that’s not the case,” said Messina. “I’m excited to further that cause. That’s what makes this job so great – just to be able to be out in nature, the wonder and beauty of it all.”

“With her strong background in health care nonprofits, Lynnae recognizes the overall positive impacts of getting outside on physical and mental health, and believes strongly in the conservation mission of the friends group,” added Miller. “We welcome her and her impressive background to the team.”\*\*

## Realtor Completes Training Program

Connie Walters of VIP Realty Group, Inc. successfully completed the Spokesperson Issues Training program conducted by Florida Realtors, held at its headquarters in Orlando.

The course, designed to improve public speaking abilities, enhance communication with the media and increase awareness of the issues affecting the realtor profession, was taught by Tom Morgan and Joan McCain, Orlando-based communications experts who have extensive experience with print and electronic media news.

Florida Realtors serves as the voice for real estate in Florida. It provides programs, services, continuing education, research and legislative representation to its 165,000 members in 55 boards/associations.\*\*



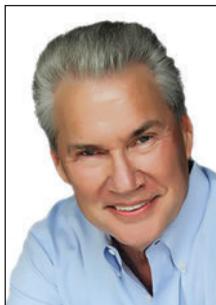
Connie Walters photo provided

### ISLAND SUN BUSINESS NEWSMAKERS

#### John Naumann & Associates



Kimberly Powers



Larry Hahn



Debbie Hahn



LeAne Taylor Suarez

The top producers at John Naumann & Associates for the month of September were: Kimberly Powers, top listing agent; Larry and Debbie Hahn, top listing team; LeAne Taylor Suarez, top sales agent; and Larry and Debbie Hahn, top sales team.\*\*

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# Rotary Happenings

submitted by Shirley Jewell

It is 25 years and counting, Friends Who Care is one of Sanibel's most low-key charitable nonprofit organizations. It was founded in 1983 by Theresa and Tom Louwers with the purpose to quietly help residents and island employees with a range of needs, from gas cards to baby supplies, day care costs, sports equipment and musical instruments for after school programs, or holiday meals and presents from Santa. Friends Who Care is not a highly financed operation but funded by the generosity of islanders and island service clubs that believe that help can be given in small ways to those in need. Small gifts can make a huge difference in people's lives.

Tom was Rotary's guest speaker last week. He truly cares and connects with the people he serves. Theresa passed away several years ago, and Tom continues to spearhead this charitable program along with his daughter. Tom stated this is Theresa's legacy. Every dollar donated to Friends Who Care goes directly to the people it serves.

Friends Who Care has help in identifying the families and individuals in need. It works closely with the school, police department, churches, CHR

and FISH. Relationships with service organizations on the island, such as Kiwanis Club, Rotary Club and Zonta Club, help with various support for the group. Sanibel-Captiva Rotary grants an annual financial gift to Friends Who Care.

Coming up soon is the Friends Who Care Island Holiday Giving Tree Toy Drive. Giving trees are placed at various locations around the island and hold leaves identifying age, gender and holiday wishes of the children and their families. Gifts of new toys and gift cards can be brought to Tom Louwers at the Friends Who Care office at 1619 Periwinkle Way. Some of the gift cards may be used to purchase additional toys, while others can be given as gifts covering needs of the families.

Volunteers then take over from there, sorting through the toys and gifts, selecting the toys that are appropriate for each child, holding holiday wrapping events at The Community House, sorting again to gather each family's gifts together, labeling where they will be delivered, and then the gifts are given to suited-up Kiwanis Santas for delivery. Last year, Tom told me that the drive gifted 150 children and their families with toys, gift cards, candy and holiday meals. An interesting factoid about the toy distribution involves a recorded history that is kept for each child and family including what toys they have received and what year. This prevents the children from receiving the same toy they received in previous years. Smart thinking on Tom's part.



A couple of years ago, Friends Who Care started a cereal drive on island. Hopefully this year, it will surpass the 500 boxes collected last year. Zonta, affectionally called the milk-maids, supplies milk money. The cereal and milk money then is given to FISH for distribution.

This year, in particular, residents, small business owners and their employees are suffering because of a unusually long and large toxic outbreak of red tide and blue-green algae around the islands. It has had a big impact on island businesses. Hotels, restaurants and retailers have been hit hard with less revenue and smaller paychecks for employees. The island businesses are feeling the crunch, and this has a rippling effect. This year, charitable organizations such as Friends Who Care will need your help even more.

Friends Who Care is a 501(c)3 charitable organization that everyone can support, so Rotary encourages community residents to help do their

part by helping these families. When out shopping, pick up an extra gift card, if you can, and bring it over to Tom at his office right behind Island Pizza.

Sanibel-Captiva Rotarians will be busy in the next few weeks – Rotary In Action:

October 12 – Sanibel-Captiva Rotary Dictionary Day where Rotarians will be visiting The Sanibel School and Fort Myers elementary schools to distribute Rotary dictionary/almanacs to all third-grade students.

October 24 – Rotary International and all Rotary clubs around the world will be celebrating World Polio Day.

November 10 – Sanibel-Captiva Rotary will be holding a Meals of Hope food packing event in partnership with Sanibel Congregational United Church of Christ. More information on these events will come in future columns.

*The Sanibel-Captiva Rotary Club meets Friday mornings at 7 a.m. at The Dunes Golf & Tennis Club. Guests are welcome.✪*

## Superior Interiors

### Upgrading Your Patio



by Barb Cacchione

As this season forges on, you'll find yourself spending time outdoors, taking advantage of the beautiful weather. As more time is spent in the outdoor patio areas, you may

come to realize that a makeover is due. To maximize comfort, style and functionality, consider a rustic chic approach. This design type perfectly complements the environment and allows one to embrace the true beauty of nature.

Wood and cast iron furniture make a rustic yet modern statement, and they complement each other so effortlessly. Place a cast iron table and chairs in the shade on top of an outdoor area rug to offer comfort while guests wine and dine. Spread wooden benches, chairs and tables throughout the area based on the number of guests you plan on hosting.

Use wooden crates and small industrial buckets and vases to display fresh plants and flowers. Take it up

a notch by planting your own herbs, making this chic green decor statement functional on top of aesthetically pleasing. Your design consultant can help you find an abundance of containers in different shapes, sizes and textures to place throughout the patio area.

To give your outdoor area the "wow" factor nobody's expecting, incorporate a water feature, like a small running bird bath or fountain. The splashing sounds of the water can exude feelings of tranquility, which can turn your backyard into a private, calming oasis, making an impressive statement.

Chalkboard surfaces are a huge staple in modern rustic decor. Not only do they make a stylish and creative statement, but they're also fully functional. Think about painting a wall or alternate surface with chalkboard paint. Your guests will love this personal and fun touch.

An outdoor bar is another fan favorite. This idea is especially fitting if you plan to utilize your space for year-round entertainment. Match the rustic theme by adding a beverage cart.

Don't neglect to improve your patio space this year. Instead, take these design tips and begin to transform your backyard into the rustic chic sanctuary of your dreams.

*Barb Cacchione is an interior designer on Sanibel/Captiva Islands. She can be reached at barb@coinciden.com.✪*

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## Update On Commercial Shrimp Fisheries

At its September meeting near Tallahassee, the Florida Fish and Wildlife Conservation Commission (FWC) approved changes to commercial shrimp fishery management that will eliminate barriers to participation in the expanding live

seafood market. These changes are part of a long-term project to evaluate and improve the management of Florida's shrimp fisheries.

Approved changes include:

Clarifying that icing requirements for shrimp do not apply to food shrimp kept alive prior to sale.

Establishing live-well requirements for vessels and vehicles transporting live food shrimp.

Florida's shrimp fishery is one of the oldest and most valuable commercial fisheries in the state.✪



Katie Gaukin experiencing virtual reality

photo provided

## Programs At Sanibel Library

As Sanibel Public Library enters the next phase of its remodel project, parts of the library are being renovated as the facility is open for normal operating hours. Saturday hours are now 9 a.m. to 5 p.m. Popular services like computers and printers, high speed WiFi, newspapers, Reading Porch, used books for sale and reference services are available.

Experience virtual reality with a moonwalk on Thursday, October 11 between 10 a.m. and noon for *Apollo 11* Lunar VR Experience, a recreation of the events which took place from July 16 to July 24, 1969. This 10-

20-minute VR experience is for ages 10 and older. Registration is required due to session length. Call 472-2483 to set up a time.

Stop by the library's tech area between 10 a.m. and noon on Monday, October 15 to test drive a virtual reality (VR) viewer. Patrons age 10 and older can experience the Under Sea Adventure: Blue Whale Encounter and Great Reef Migration, a vivid underwater world full of sea life. Paint your own masterpiece in Google Paint. First come, first served; no registration required.

Weekly youth events resume on the week of October 16. Geared specifically for children in fourth through sixth grade, the After-School Clique will meet on Tuesdays at 3 p.m. The group will be crafting, building, making and playing,

with books and a snack thrown in.

Family Storytime for preschoolers and their caregivers will be held on Wednesdays and Thursdays at 10 a.m. This program helps develop pre-reading skills through songs and stories.

The After-School Crew, for children in kindergarten to third grades, will meet at 3 p.m. on Thursdays. Favorite books, never-knew-existed books, games and crafts, plus a snack will be provided.

If you love dogs and books, you

can read to Bessie, a bearded collie and reading education assistance dog. At 3:45 p.m. on rain-free Thursday afternoons, kids can sign up on-the-spot, finishing by 5 p.m.

Weekly children's programs are listed on the library's online calendar. Weekly youth schedule runs October 16 through November 15. No registration is required for these programs.

For more information, call 472-2483 or visit [www.sanlib.org](http://www.sanlib.org).

## Poet's Corner



We invite submissions from local poets. Anyone interested may submit their work via email to [Islandsunpoetry@gmail.com](mailto:Islandsunpoetry@gmail.com). Each week, an individual poem will be showcased.

selected by Hannah Star Rogers

### Assault

by Edna St. Vincent Millay

I

I had forgotten how the frogs must sound

After a year of silence, else I think I should not so have ventured forth alone

At dusk upon this unfrequented road.

II

I am waylaid by beauty. Who will walk Between me and the crying of the frogs?

Oh, savage Beauty, suffer me to pass,

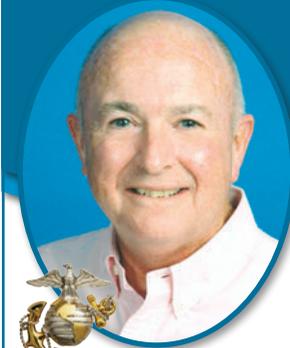
That am a timid woman, on her way From one house to another!

*Editor's note:* This public domain poem is by Edna St. Vincent Millay, the first woman to win a Pulitzer Prize for poetry. Millay spent time on Sanibel Island, and in 1936, the fire at the Palms Hotel where she was staying destroyed the only copy of her poem *Conversations at Midnight*.

Hannah Star Rogers holds an MFA from Columbia University and a PhD from Cornell University. Her writing has appeared in the Kenyon Review, LA Review of Books, Carolina Quarterly and Southern Women's Review.

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Will Power

## Drug And Alcohol Dependency



by Craig R. Hersch, Florida Bar Board Certified Wills, Trusts & Estates Attorney; CPA

Allow me to relay a story of a client who once had significant concerns about her son. Her son suffered from drug and alcohol dependency, but she didn't want to deprive him of his inheritance. Tricia was distraught as she sat in my office conference room, directing me to prepare a trust that would disinherit her son, Antoine.

"I love Antoine, as he is my son," she explained with tears in her eyes, "but I'm afraid whatever I leave him when I pass away will be wasted on drugs and alcohol. He's had a terrible dependency problem his whole life, in and out of rehab.

Because of his problems he can't hold down a decent job – so he really needs an inheritance. I'm so conflicted – I don't know what to do."

I explained to Tricia that there is a way to provide Antoine an inheritance while preventing Antoine from wasting the money on drugs and alcohol. I told her that Antoine's share could be held in a continuing trust rather than having money and assets distributed to him outright at Tricia's demise.

"You would name an independent party – usually a bank or trust company is the best idea, to act as Antoine's trustee. They would invest his inheritance to earn income, which they could distribute to pay for his food, clothing, shelter, health and other needs."

"Could I name my other son, Jeremy, to act as Antoine's trustee?" Tricia asked. "I hate the idea of paying large bank fees to manage Antoine's inheritance."

"You could name Jeremy to act as trustee," I answered, "but it would be against my advice. It's never wise to name a son as the gatekeeper to his brother's inheritance. Antoine is likely to resent Jeremy for having control over money that Antoine believes is rightfully his to control. And imagine a situation where Antoine approaches Jeremy for some money, Jeremy asks Antoine what the money is to be used for – suspecting that Antoine intends to buy drugs or something – and Antoine telling him that it's none of his business. That could lead to some pretty nasty confrontations and acrimony."

"So I should name a bank – but you didn't answer my concern about fees," Tricia said.

"The fees are usually quite reasonable when you consider everything that a trust company will do in this situation. They are going to professionally manage the

weal and help Antoine create a budget so that the money will last for Antoine's lifetime. They'll file tax returns for the trust, and interact with me as the attorney for the file. They'll also decide on the best way to make distributions."

"Antoine is very charming," Tricia said with a wry smile, "and he can fool the best of them that he's not suffering from his addiction when he really is. How is the trust company to know that the money it is distributing to Antoine will really be used for his necessities?"

"I will build provisions into your trust that would allow the trust company to suspend distributions to Antoine if they had reason to believe that he was having a relapse. Instead of making distributions of cash to Antoine, the trust could pay his rent directly, his doctors and health care agents directly and even his credit card receipts for groceries. The document would allow the trust company to demand that Antoine consent to taking blood tests or having a urinalysis completed to verify his condition. The trust could also provide that should rehabilitation be necessary, the trust will pay for those services. There's a lot that we can do to keep the money away from being used for drugs and alcohol."

"That sounds so harsh," Tricia said with a worried look on her face.

"Yes, it is in a way," I replied. "But it's all to protect him from himself. You'd be doing him a favor, really, leaving an inheritance that will last his lifetime, be professionally managed, and keep it from being used for self-destructive behavior."

"I don't know about entrusting all of these decisions to a faceless entity like a bank or trust company," she said.

"This is where you can enlist the help of Jeremy or some other trusted family member or friend. You could name Jeremy to remove and replace the bank or trust company if they aren't doing a good job, and you could direct, in the document itself, the trust company to consult Jeremy's opinion on Antoine's condition or on any discretionary distribution that Antoine may request."

"I guess that it's a good idea," Tricia said thoughtfully. "Let me see the draft and look at the wording to see if I like it."

These decisions are never easy. Typically the language used in the legal documents is first drafted, then read and discussed before being modified to meet the particular needs of a beneficiary's situation. Since no two situations are ever the same, the documents will always be different – but the concern remains the same.

©2018 Craig R. Hersch. Learn more at [www.sbslaw.com](http://www.sbslaw.com).\*

## Wildlife Refuge Welcomes Visitor Services Intern

Visitor services intern Joey Garofano arrived recently to help the JN "Ding" Darling National Wildlife Refuge on Sanibel with staffing shortages this fall, thanks to funding from the "Ding" Darling Wildlife Society-Friends of the Refuge (DDWS).

Garofano, a 2018 graduate from the University of Wisconsin Stevens Point, holds a bachelor's degree in youth programming and camp management, with an emphasis in environmental education and interpretation. Through May 2019, he will be assisting Supervisory Refuge Ranger Toni Westland in overseeing programs and amenities for the more than one million annual visitors to the refuge.

Most recently, Garofano, who hails from Mahtomedi, Minnesota, worked as a Leaders in Training Director at Sargent Camp in Hancock, New Hampshire.

"I'm looking forward to learning about the everyday operations at a wildlife refuge," said the new intern. "'Ding' Darling is such an exceptional place to work, and I love the tranquil beauty that this island provides."

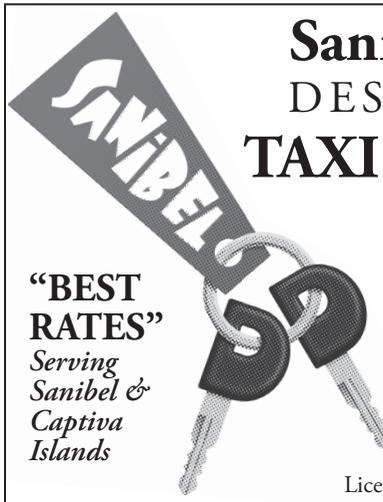
"We welcome Joey's energy and enthusiasm to the team," said Westland.



Joey Garofano photo provided

"We thank our friends group for making his internship possible. With our shrinking staff, due to federal budget cuts, it's crucial for this sort of partnership to keep the refuge running."

For more information about the refuge's internship programs, contact Westland at 472-1100 ext. 237. To learn about supporting the refuge intern program, contact Birgie Miller, DDWS executive director, at 472-1100 ext. 4.\*



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# Mastersingers Names Winner Of Competition

The Fort Myers Symphonic Mastersingers have become known for their fine concert renditions of choral masterworks, their collaborations with other area art organizations, and their community outreach programs. The group's latest community initiative is The Sanibel Captiva Trust Company Prize in Choral Composition. Composers were invited to submit choral works between six and 12 minutes in length for performance by the Mastersingers. More than 200 entries were received from composers across the country. The winning selection, *Before You Kissed Me*, was written by Dr. Zack Stanton, a composer and conductor from Conway, Arkansas.

Now a professor at the University of Iowa, Dr. Stanton set the music for this piece to a Sara Teasdale poem. "It had been a while since I had written for choir and I wanted to try some new things," Stanton said. "Since I had already set several sacred texts, I looked for a secular poem. I needed to find a text that I could live with for a while. In Sara Teasdale, I found a poem that had great depth but at the same time was also direct and simple."

Dr. Stanton dedicated the work to his wife, Molly.

The winning composition was selected by Mastersingers' Artistic Director Jeff



Dr. Zack Stanton photos provided

Faux. "Although there were many fine entries, I was struck by Zack's careful treatment of the text and excellent vocal writing," said Faux. "We will present the work at our April concerts along with the *Faure Requiem*. It will make an excellent addition to that program."

The competition grew out of the Mastersingers tradition of seeking out new compositions, and promoting



From left, Steve Greenstein, Dr. Jason Bahr and Craig Holston

the music destined to become the masterworks of the future. Among the pieces premiered by the group in recent seasons are Robert Patterson's *Walt's America*, Thomas LaVoy's *When I Grow Old* and Jason Bahr's epic *Symphony No. 2*.

The competition was made possible by the sponsorship of The Sanibel Captiva Trust Company and its Executive Vice

President Steven V. Greenstein, who said, "We are proud to support the work of the Mastersingers. They are a significant cultural force in our community."

For information on to how to hear the Southwest Florida premiere performances of *Before You Kissed Me* and all other Mastersingers concerts this season, visit [www.mastersingersfm.com](http://www.mastersingersfm.com).

CROW greatly appreciates the time and talent of our wonderful volunteers during the past 50 years! Join us to make CROW's signature event- **Taste of the Islands** - the best ever!

Please return this form by **OCTOBER 19** to [Volunteers@CROWClinic.org](mailto:Volunteers@CROWClinic.org) Or fax to the attention of Cheryl McCormick at 239-472-2334. Mail goes to CROW, P.O. Box 150, Sanibel, FL 33957. Cheryl's # is 239-472-3644 #231.

Positions include: Entrance, Admission, Food & Beverage Ticket Sales, Crossing, Beverage Tent, Recyclers, Rovers (relief, ice delivery, garbage), and parking. **Those who join us get a Volunteer t-shirt, free admission, and our appreciation!**

Please complete all fields

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Email \_\_\_\_\_ Phone ( ) \_\_\_\_\_ home? Cell?

T-shirt size \_\_\_\_\_ (Sm - 3X) Over 21? Y N Position Preferred \_\_\_\_\_

Preferred 3-hour shift at Event:  #1 - 11:45am-2:45  #2 - 2:15pm-5:15pm The overlap is for smooth shift change. AND

SET-UP:  Saturday afternoon from 2pm - 5pm - or -  Sunday morning from 8am - 12:30pm

I understand that volunteer services will be provided to the Clinic for the Rehabilitation of Wildlife (CROW) with no monetary or material compensation. Volunteers are not considered employees of CROW, and as such are not covered by Workers' Compensation. Volunteers are held to the same high standard of conduct as employees and other rules and regulations as stated in the Volunteer Handbook.

**ACKNOWLEDGEMENT AND RELEASE OF LIABILITY**

- THE UNDERSIGNED, in consideration of benefits received from working at CROW, Inc. as a volunteer and for other good and valuable consideration, receipt and sufficiency of which is acknowledged, does hereby for themselves, their heirs and personal representatives, release and discharge of CROW, Inc. board of directors, officers and members and each of them from all liability for loss, injury or damage arising from injury to the person, property or resulting in death of the undersigned, whether caused by negligence or otherwise while engaged in any activity whatsoever in relation to CROW, its officers, directors and members.
- THE UNDERSIGNED further assumes all responsibility for and risk of bodily injury, death, property damage or otherwise while working for and on behalf of CROW.
- THE UNDERSIGNED does, for themselves, their executors, administrators, heirs and assigns, release and forever discharge CROW, Inc., its officers, director and members, together with their heirs, administrators, executors and assigns, from any and every claim, demand, action or right of action, of whatsoever nature, either in law or in equity, arising from or by reason of any bodily injury death and/or property damage resulting from any acts or incidents which may occur as a result of the undersigned's participation in any activities of any nature whatsoever associated with CROW, Inc.

Signature \_\_\_\_\_ Printed Name \_\_\_\_\_ Date \_\_\_\_\_



**VOLUNTEER REGISTRATION for Special Events**

**Taste of the Islands is Sunday November 11, 2018 12:30 to 5:00 PM at Sanibel Community Park**

PLEASE BIKE to the event or Park your car in the designated Volunteer Lot at Center4Life and Shuttle. We cannot guarantee the volunteer position you list. We will contact you prior to 11-11 with your assignment. T-shirt and packet pick-up at CROW will be Mon Oct 29 and Thurs Nov 1 from 2pm -5:30pm each day. For more information about CROW, or the 37<sup>th</sup> Taste of the Islands, visit [www.CrowClinic.org](http://www.CrowClinic.org)

 <b>FRIDAY</b> Few Showers High: 85 Low: 75	 <b>SATURDAY</b> Mostly Cloudy High: 87 Low: 77	 <b>SUNDAY</b> Partly Cloudy High: 86 Low: 76	 <b>MONDAY</b> Few Showers High: 87 Low: 77	 <b>TUESDAY</b> Mostly Cloudy High: 83 Low: 73	 <b>WEDNESDAY</b> Mostly Cloudy High: 84 Low: 74	 <b>THURSDAY</b> Mostly Cloudy High: 86 Low: 76
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**Redfish Pass Tides**

Day	High	Low	High	Low
Fri	2:40 am	9:46 am	4:53 pm	8:55 pm
Sat	3:09 am	10:35 am	5:58 pm	9:20 pm
Sun	3:43 am	11:30 am	7:26 pm	9:50 pm
Mon	4:25 am	12:35 pm	None	None
Tue	5:20 am	1:47 pm	10:29 pm	None
Wed	6:44 am	12:48 am	11:01 pm	2:55 pm
Thu	8:33 am	2:47 am	11:26 pm	3:54 pm

**Point Ybel Tides**

Day	High	Low	High	Low
Fri	1:45 am	9:48 am	3:58 pm	8:57 pm
Sat	2:14 am	10:37 am	5:03 pm	9:22 pm
Sun	2:48 am	11:32 am	6:31 pm	9:52 pm
Mon	3:30 am	12:37 pm	None	None
Tue	4:25 am	1:49 pm	9:34 pm	None
Wed	5:49 am	12:50 am	10:06 pm	2:57 pm
Thu	7:38 am	2:49 am	10:31 pm	3:56 pm

**Punta Rassa Tides**

Day	High	Low	High	Low
Fri	3:10 am	10:17 am	4:45 pm	10:16 pm
Sat	3:43 am	10:55 am	5:25 pm	10:45 pm
Sun	4:14 am	11:33 am	6:06 pm	11:08 pm
Mon	4:45 am	12:17 pm	6:51 pm	11:25 pm
Tue	5:18 am	1:17 pm	7:43 pm	11:38 pm
Wed	5:58 am	2:28 pm	8:40 pm	None
Thu	7:00 am	12:08 am	9:41 pm	3:29 pm

**Cape Coral Bridge Tides**

Day	High	Low	High	Low
Fri	4:50 am	1:02 pm	7:03 pm	None
Sat	5:19 am	12:11 am	8:08 pm	1:51 pm
Sun	5:53 am	12:36 am	9:36 pm	2:46 pm
Mon	6:35 am	1:06 am	None	3:51 pm
Tue	7:30 am	5:03 pm	None	None
Wed	12:39 am	4:04 am	8:54 am	6:11 pm
Thu	1:11 am	6:03 am	10:43 am	7:10 pm

## Island Seniors At Center 4 Life

Meet your friends and make some new ones at the Center 4 Life. Browse through the following activities, then stop by to sign up.

**Donations Needed for Trash & Treasures Sale** – Clean, gently used items are needed for the annual Trash & Treasures Sale. You may bring them to the Center 4 Life Monday through Friday between 8 a.m. and 3 p.m. A tax deductible receipt will be provided for your donation. Books, clothing, shoes, computers or old TVs cannot be accepted. If you have any questions, call 472-5743.

**Page Turners with Louise Fitzgerald & Ann Hartman** – If you are not on the Page Turners list, and wish to be, email oceann@comcast.net or contact the center. The featured book for Wednesday, November 14 is *Before You Were Ours* by Lisa Wingate. There will be a book discussion at 2:30 p.m.

**Line Dancing Classes** – Mondays, October 15, 22 and 29 at 11 a.m. Cost is \$2.50 for members and \$5 for non-members. Join the group for an hour of fun. The instructor will review dance steps then turn up the music for dancing. Bring a friend.

**New York Jets at the Miami Dolphins** – Sunday, November 4. Cost is \$159 for members and \$169 for non-members. Includes round trip transportation, reserved upper level end zone seat, pre-game lunch and beverage. The Hard Rock stadium recently went through a \$500 million

renovation including sunshade that covers many of the seats. Excessive drinking and use of profanity will not be tolerated. Limited seats available. Depart from Fort Myers location at 7:30 a.m.

**Seven-Day Christmas Trip to New Orleans** – Sunday to Saturday, December 2 to 8. Cost is \$1,364 for members (per person, double occupancy) or \$1,774 (single occupancy). Non-members are \$1,389 (per person, double occupancy) or \$1,799 (single occupancy). Includes round trip bus transportation, six-night accommodations including four nights in the heart of New Orleans, Oak Alley Plantation, New Orleans Cooking School, Mardi Gras Museum, World War II Museum and Mississippi Jazz Brunch Cruise. Advance registration required, while spots last.

**A Southern Christmas: Savannah & St. Simon's Island** – Tuesday to Friday, December 11 to 14. Cost for members is \$574 (per person, double occupancy) or \$774 (single occupancy). Non-member are \$599 (per person, double occupancy) or \$799 (single occupancy). Includes round trip bus transportation, three-night accommodations (one in St. Simon's Island and two at the Holiday Inn Express in Savannah), five meals (three breakfasts, two dinners), the live Savannah Theater Christmas Show, tours and other attractions. Advance registration required, while spots last.

**The Magic of the Keys** – Tuesday through Thursday, January 22 to 24. Cost is \$574 for members (per person, double occupancy); \$844 single. Non-members are \$599 (per person, double occupancy); \$869 single.

Includes round trip transportation, two nights at the Hyatt Place in Marathon, five meals (two breakfasts, two lunches and one dinner), Schnebly Winery tour and tasting, and lunch, full day in Key West with private tram tour and all-day hop-on/hop-off privileges, and tour of Dolphin Research Center. Advance registration required on a first come basis.

**Let's Write with Vicky Lettmann** – Mondays, October 29, November 5 and 19 from 10 a.m. to noon. Cost for members is \$15 per class; non-members are \$20 per class. This class is for anyone who wants to write. During class, you will look at short examples of effective, engaging writing and then plunge into your own writing using exercises, prompts and various jumpstarts. Bring a notebook and pen. Space is limited, so sign up early.

**Games** – Cost for all games is \$2.50 for members and \$5 for non-members. Prizes will be awarded.

**Bridge** – Monday and Wednesday. Registration begins at noon; the game begins at 12:30 p.m.

**Mahjongg** – Monday and Thursday at 12:30 p.m.

**Hand & Foot** – Thursday at 12:00 p.m.

**Hearts** – Friday at 12:30 p.m.  
**Kayaking on Tuesdays** – October 23 at 8:30 a.m. (weather permitting). There is space for 16 people on eight two-person kayaks and limited space for those who own their own kayaks. Island Seniors, Inc. will provide kayaks, paddles and life jackets. Bring water, a small snack, sun screen, bug spray, sunglasses, towel, hat and change of clothing. Cost is \$5 for members

and \$20 for non-members. Advance registration is required.

**Fitness Classes** – Island Seniors, Inc. members pay \$4 per class, visitors pay \$10 per class. Annual membership is \$20. Sanibel Recreation Center members must show their membership card to attend. Fitness class schedule is as follows:

**Happy Hour Fitness** – Monday, Wednesday and Friday at 8 a.m. Keep your brain fit and your heart, lungs and muscles strong. Hand weights, stretch cords and your body weight will be used. The format is 40 minutes of cardio, 20 minutes of balance exercises, core strength, flexibility exercises and mat work. Athletic footwear is required. Connie DeCicco is the instructor

**Essential Total Fitness** – Monday, Wednesday and Friday at 9:30 a.m.

Cardio, muscle strengthening and flexibility training with hand weights, stretch cords, chairs and stability balls. Athletic footwear is required. Mahnaz Bassiri is the instructor.

**Power Hour Fitness** – Tuesday and Thursday at 8 a.m. Hand weights, stretch cords, stability balls and mats are used. Improve core strength and balance. Athletic footwear required. Mahnaz Bassiri is the instructor.

**Gentle Yoga** – Tuesday and Thursday at 9:30 a.m. Stretch, tone and strengthen while improving flexibility, proper alignment and circulation. Bring a towel. Kim Kouril is the instructor.

**Chair Yoga** – Tuesday and Thursday at 11 a.m. Similar to gentle yoga but all poses are done in a chair. Kim Kouril is the instructor.

For more information, call 472-5743 or stop by the Center 4 Life, located at 2401 Library Way on Sanibel.\*

### WEEKLY RENTAL LICENSE—SANIBEL SHORES

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Mary Bondurant, center, receiving the 10-Year ABWA Service Award from Holly Smith, right. Also pictured is Chapter President Gloria Garrett. photos by Jeff Lysiak

## ABWA Luncheon Features Lecture On Success

by Jeff Lysiak

During the September 27 meeting of the American Business Women's Association (ABWA) Sanibel-Captiva Charter Chapter, Laurie Verme, owner of Pinocchio's Original Italian Ice Cream and Geppetto's Beach Foodies, delivered an inspirational speech as part of the club's Women in Leadership Speaker Series. The title of Verme's presentation was The Road to Success is Always Under Construction.

A native of Huntington, Long Island in New York, Verme attended Brockport State University after being accepted into the school as an art student. However, she decided to shift her major and studied nursing, earning a bachelor of science degree in nursing with a minor in art. Following graduation, she began working at Huntington Hospital. "I loved my parents and my coworkers, but I knew nursing was not my career," Verme told the crowd. "You have to love who you are and what you do."

Soon, Verme applied for – and was subsequently accepted to – the McDonald's Restaurants management program, becoming the youngest owner-operator in the franchise's entire Long Island area. Between 1995 and 2001, her locations in Oakland and Oyster Bay, New York increased sales from \$1.2 to \$1.8 million, and along the way earned recognition from the McDonald's Hall of Fame as the Fastest Drive-Thru Service in the northeast to southeast region.

But seeing limited opportunity for professional growth, Verme sought out greener pastures. "I had to hit the reset button," she said.

In 2002, she moved herself and her young daughter, Alice, to Florida, purchasing the Tides Inn Hotel in

Lauderdale-by-the-Sea. However, a number of devastating hurricanes in 2005 (Katrina and Wilma) struck the southeast coast hard, causing major structural damage to her once successful business. "Unfortunately, I lost everything," Verme explained. "I had put all of my eggs into that basket."

For the next five years, she operated Puppies In Paradise, a high-end dog boutique located in the West Palm Beach upscale CityPlace shopping district. Again yearning for change, Verme decided to "return to her roots" and began working a new medical career in the field of infusion nursing. "My true calling was waiting for me... I just had to keep looking for it," she added.

However, when Verme learned of an opportunity to own a business on Sanibel, the island she had visited throughout her life with her family, she couldn't pass it up. She purchased Pinocchio's Original Italian Ice Cream and Geppetto's Beach Foodies last November from owners Tom and Donna Puma, and reported that she absolutely loves the business. "I finally found my true calling," said Verme, who hired Alice to be her general manager.

Her presentation concluded with an inspirational quote: "The road to success is not straight. There is a curve called failure, a loop called confusion, speed bumps called friends, red lights called enemies and caution lights called family. You will have flat tires called jobs, but if you have a spare called determination, an engine called perseverance and a driver called will power, you will make it to a place called success."

At the beginning of the meeting, Mary Bondurant was presented the 10-Year ABWA Service Award from Sanibel City Councilwoman and hotel owner Holly Smith.

The upcoming schedule of guest speakers for ABWA's Women in Leadership Speaker Series includes Dorrie Hipschman, executive director of the Bailey-Matthews National Shell Museum, who will present Life On Earth



Laurie Verme receiving a certificate of appreciation from Mary Bondurant

– My Journey on October 23; and Sandy Stilwell-Youngquist of Stilwell Enterprises & Restaurant Group, whose lecture will be delivered on November 27.

On Thursday, October 18, ABWA Connections After Hours will be held at Traditions On The Beach, located at 3111 West Gulf Drive, from 4:30 to 6:30 p.m. The happy hour gathering will feature socializing, networking and appetizers, with a cash bar available.

All are welcome, and admission is \$5 per person. Sign up online at [www.ABWASanibelCaptiva.Eventbrite.com](http://www.ABWASanibelCaptiva.Eventbrite.com).

Monthly meetings are held on the fourth Tuesday from 11:30 a.m. to 1 p.m. at the Sundial Beach Resort & Spa, located at 1451 Middle Gulf Drive. For more information, visit <http://abwasanibelcaptiva.org>.\*

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# Ugliness Of College Basketball Recruiting Unveiled At Federal Trial



by Ed Frank

Perhaps you have not seen previous reports, but a trial is underway in a Federal court in New York over the biggest scandal in college basketball history – a messy affair involving coaches at Kansas, Louisville, Auburn and North Carolina State.

The mess is likely to spread as coaches at Arizona, DePaul, Creighton, Louisiana State and Michigan State also are extremely nervous.

In the early days of the trial, evidence was presented describing a shady world of bagmen, secret payments and bags of cash, all to lure top college prospects to certain

schools and to sign on with particular agents and Adidas once they turned professional.

The trial is based on a FBI investigation in which eight people, including four assistant coaches, were arrested a year ago and charged with illegally directing hundreds of thousands of dollars in shoe company money to the players and or their families to influence recruits to specific schools, agents and apparel companies.

Former Adidas executive James Gatto, former AAU coach Merl Code and agent Christian Dawkins are standing trial now. But three former assistant coaches – Arizona's Emmanuel Richardson, Oklahoma State's Lamont Evans and University of Southern California's Tony Bland – are scheduled for trial next April.

And former Auburn assistant coach Chuck Person and former NBA referee Rashan Michel are scheduled for trial in New York next February, accused of accepting \$91,500 to steer certain players to Auburn.

Before these trials are over, the shady world of basketball recruiting is likely to be bared open for all to see.

The top recruits named in the investigation are Brian Bowen, Silvio De Sousa, Balsa Koprivica and Nassir Little.

The three on trial are accused of plotting to pay Bowen's family \$100,000 to attend Louisville. It cost Louisville coach Rick Pitino his job. Bowen also was

recruited heavily by Creighton, Michigan State and Nebraska.

LSU recruited Little and Koprivica. De Sousa, meanwhile, was expected to sign with Maryland before switching to Kansas.

Before these three trials have ended, there could be additional indictments involving more schools, agents and clothing and shoe company officials – and the ugly world of basketball recruiting and the weakness of NCAA rules enforcement made clear.

## Search Begins For New Minnesota Twins Manager

It's probably no surprise that Minnesota's relatively new baseball front office of Derek Falvey and Thad Levine fired Twins Manager Paul Molitor last week.

It has been rumored that the Falvey and Levine team wanted their own man at the helm despite the fact that Molitor was named American League Manager of the Year last season.

The Twins were plagued this season by lack of solid starting pitching and a bevy of injuries to starting players.

Molitor has proven he is a smart, solid manager, so don't be surprised if he lands another job soon.\*

## SPORTS QUIZ

1. Entering 2018, when was the last time a pitcher started 36 or more games in a major-league season?
2. Which major-league team did Lou Piniella manage first, and which one did he manage the longest?
3. When was the last time before 2017 that the University of Miami, Fla., won a bowl game by more than one point?
4. In the 2016-17 NBA season, Elfrid Payton became the fifth player in Orlando Magic history to have at least 1,000 points and 500 assists in a season. Name two of the other four to do it.
5. Who were the last players before Pittsburgh's Jake Guentzel in 2018 to reach 20 points in 10 or fewer NHL playoff games?
6. Name the last time before 2018 that Russia's men's soccer team advanced to the knockout stage of the World Cup.
7. When was the last time before 2018 that the U.S. won wrestling's World Cup?

## ANSWERS

1. In 2003, Atlanta's Greg Maddux and Toronto's Roy Halladay each started 36 games. 2. The New York Yankees (1986); the Seattle Mariners (1993-2002). 3. It was 2004 (the Hurricanes beat Florida, 27-10, in the Peach Bowl). 4. Penny Hardaway (three times), Scott Skiles (three), Darrell Armstrong (twice) and Steve Francis (once). 5. Mark Messier and Wayne Gretzky, in 1988. 6. It was 1986, when the team represented the Soviet Union. 7. It was 2003.



From left, John Pryor, Mike Cohn, Derrick Grey, Nate Grey, Ed Riddlehoover and Nicole McHale

photo provided

## John Grey Painting Supports Race 4 FISH

John Grey Painting continues its support of the community through the 10K Race 4 FISH as a Silver Sponsor.

"We have been a part of this community for many years, and our organizations like FISH of SanCap

make it a great place to live and work," said John Grey, owner and member of the Sanibel-Captiva Rotary Club and supporter of several local organizations. "The 10K race is a well-organized event for a worthy cause."

The 10K Race 4 FISH, in its 10th year, is set for Saturday, October 27 beginning at The Community House. Anyone interested in becoming a sponsor can contact Diane Cortese at [drcortese@embarqmail.com](mailto:drcortese@embarqmail.com) or Pete Bender at [benderlaw@juno.com](mailto:benderlaw@juno.com).\*

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## Struggle Continues For Island Businesses

While the intensity of red tide and its wildlife destruction varies, the effects of the crisis for local residents and workers continues. During the August and September months, FISH of SanCap has seen a large increase in households seeking assistance from the food pantry, as well as those requesting financial assistance due to job loss, reduction in hours and medical problems associated with red tide exposure.

"We are heartbroken to hear the stories of loss of work hours that individuals have suffered due to the algae blooms and red tide," said Maggi Feiner, president and CEO of FISH of SanCap. "Our small businesses and workers on the islands are suffering. Now we are having a hard time keeping up with all the cases coming through the door. The island is like a ghost town, the employers are struggling, which trickles down to the employees. Can you imagine working only eight hours a week and not being able to find another job to supplement? I think we are going to feel the effects for many months to come. It's worse than a hurricane as there is no funding for individuals. Thankfully, our community has been very supportive as have been several foundations, and now FISH can be here to assist our neighbors



Rally for clean water on the Sanibel Causeway

photo provided

as they struggle to recover from these impacts."

"Just when I thought I was beginning to turn the corner financially, (red tide) happens. Now it feels like I'm going backwards every day, and it's bad, really bad," a fishing guide visiting the FISH Food Pantry recently stated. To respond to the ever-increasing requests for food

assistance, FISH has suspended its policy on the number of times island workers can visit the food pantry.

Nitza Lopez, FISH case manager, works with individuals seeking financial assistance for rent, utilities and medically related expenses. "The number of new cases since August is mind boggling; people are coming through our doors nonstop," she

From page 1

## Baileyfest

Periwinkle Way and Tarpon Bay Road.

In addition to the traditional crowning of the king and queen, who will arrive in a mule-drawn carriage, the free community gathering will feature live entertainment, inflatable slides and bounce houses, games, raffles and giveaways, face-painting, pony rides, food and refreshments, information booths from local service organizations plus plenty of other "surprises." As always, Baileyfest is free to attend and open to the public.

### Anabella Del Valle's Essay

"I love Sanibel very much. It has been my home for five years. I have lived here since I was a small child, and this is my home. I will always remember it. I love everything about Sanibel including our community, beaches, the school and also the lovely sunsets.

"I love Sanibel because we have a great community full of amazing things. I love playing tennis and there are a whole bunch of tennis courts here. I play tennis every day with my family, so I know for a fact. Also the temperature is perfect for playing tennis year round since we live in the beautiful, hot, sunny Florida. Our island also has a lot of nice restaurants, markets and especially beaches. I'm so thankful to live on our peaceful island.

"I also love Sanibel is because I love my school. I have been in this school since first grade, and I have had a great experience. Everyone is so friendly, and teachers at this school help you to the best of their ability to make sure everyone is doing well in learning. For example, my second grade teacher Mrs. Sanders helped me learn my punctuation because I had

recently moved here from Puerto Rico, and when I was smaller I didn't know much English. Also at this school we have the Recreation Center, where we have a lot of physical activities and even a pool. At the end of the quarter we get to go there, and we also have a school picnic. I have never seen a school this great!

"I also love Sanibel because we have great beaches. I can get to the beach in five minutes biking because we have so many of them. We are really lucky to have that many beaches close to us. One time I went to the beach and found a gigantic lightning whelk in the soft, white sand. It is still my prize shell with the rest of the shells I have in my collection.

"Sanibel is special because it has astonishing sunsets. One day I went to the beach with my grandma and together we saw the beautiful sunset settling down. At that moment, I could feel my grandma's biggest treasure, the love she has for my family. It is one of my best moments I have ever had and I bet it's one of hers, too. I love her so much, and will never forget about that lovely moment I had with her.

"Sanibel is a peaceful place that I adore to live in. Sanibel has everything we need for a great community. It has all of its markets, beaches, school and even sunsets. Sanibel really is paradise. That is why I love my awesome home, Sanibel."

### Stephen Sampas' Essay

"To me, Sanibel has been a rollercoaster of wildlife, happiness and luscious beauty. I have seen the unimaginably beautiful, and the petrifyingly amazing. It has been the most beautiful place I've ever been to, and I am proud to be a resident of Sanibel Island.

"This island has the most beautiful wildlife I've ever laid my eyes on. You can

almost run over a crocodile while biking, have a close encounter with a stingray, or have an osprey make its nest on your roof. I have had an endangered species of tortoise called the gopher tortoise lay eggs under my pool, and I have almost slipped on a stingray in the water. A few days later, I almost ran into an alligator while riding my bike in an animal preserve. There is a special kind of crab on Sanibel called the tree crab, which love scuttling across mangroves. Sanibel is a place where humans and animals live together in a nourishing, healthy environment.

"I love biking across winding trails and soaking my feet in the beautiful, tranquil water of Sanibel's beaches. I am in love with riding boats through the water around Sanibel Island. One of my favorite memories of the great outdoors is the day I went kayaking on Tarpon Bay, and paddling through dense forests of mangroves with my cousins. I love swimming in the warm waters of Sanibel Island. I also love running on the beach early in the morning. I love getting up early and searching for shells at sunrise.

"The sunsets are amazing on Sanibel. Every sunset I watch, the vibrant oranges and streaks of yellow mingle with the cool purples, and the calming color of the sea. When all of the color fades away, I look up at the stars and see every one of the constellations showing their own spectacular forms.

"This evokes all of my happy memories that I have, and reminds me how lucky I am to live on Sanibel.

"All these things make Sanibel a beautiful place that is unique in many ways, but one of the most beautiful parts of Sanibel are the people that live here. Everyone living on Sanibel is kind, trustworthy and helpful. Sanibel emanates

said. "It's hard to hear how our workforce is suffering so greatly and how it affects their household and children. Many have gone from 25 to 35 work hours per week down to 10. Recently, I met with a woman working as a hostess in a Captiva restaurant. Since the red tide crisis has slowed business, the restaurant can only offer two days of work per week. While she is trying to find more work hours at other establishments, she cannot afford her medication and insulin or rent payment this month. I'm glad we are here to help."

Through the end of September, FISH assisted 72 households with temporary emergency financial assistance due to red tide. The food pantry usage increased, with 50 new households applying for the program due to red tide. Inquires for red tide relief are received daily. Thankfully, FISH has received generous support from the individuals, businesses and foundations to help fund the Red Tide Relief Program. Those requesting temporary emergency financial assistance due to the red tide crisis must meet with FISH Social Services for a detailed intake process. Financial documentation must be provided to FISH before case approval.

Each case is evaluated privately, and on an individual and per instance basis. There is no guarantee of financial assistance from FISH.

To learn more about the FISH Red Tide Relief Emergency Financial Assistance program, contact Nitza Lopez or Kathy Y. Monroe at 472-4775. To learn more about FISH, visit [www.fishofsancap.org](http://www.fishofsancap.org).✪

a calm, happy vibe that gives you the feeling that if you had the choice to be anywhere in the world, no matter how you look at things, your choice will always be Sanibel Island."

### Baileyfest Details

Among the performers scheduled to appear at Baileyfest is Conchalele Bob & The Seagles, John Stey, Another Door Opens, The Country Chicks, The Country Rhythm Cloggers directed by Pat Bedingfield as well as Joey Giangreco and The Sanibel School Steel Drum Band and chorus. Emcee and singer Frank Torino will entertain Baileyfest crowds with his renditions of classic songs made famous by Elvis Presley, Frank Sinatra, Dean Martin and Tom Jones.

In addition to games for youngsters and inflatable activities, Baileyfest will give away prizes and gift certificates donated by local merchants. They include:

Bailey's General Store – \$100 gift card  
Bailey's True Value Hardware – Orca cooler (\$190 value)

Billy's at Bailey's – Two bicycle rentals for 24 hours or \$50 towards a rental

Lily & Co. Jewelers – \$100 gift certificate

George & Wendy's Sanibel Grille – Four \$25 gift cards

Island Cinema – Five \$20 gift certificates

Island Cleaners – \$100 gift card  
Sanibel Sprout – Two \$50 gift certificates

Joey's Custard – Five \$20 gift cards  
Select Vacation Properties – \$100 gift basket surprise

The Grog Shop – \$100 case of wine  
Whim's – Three \$25 gift certificates

For more information, contact Bailey's General Store at 472-1516.✪

Doctor and Dietician

## Staying Active In Retirement



by Ross Hauser, MD  
and Marion Hauser, MS, RD

In retirement, it is important to remain active. Yes, you can finally sleep in later since you don't have to fight traffic or punch a clock. But to maximize your enjoyment, manage your time well. Wasting hours being bored and sedentary in front of the TV day after day is simply not good for you. Use your abundance of free time for more stimulating activities.

Combine your active time with social outings, because both of these help you to be happier, as well as lower the risks of depression and dementia. Social activities like playing games, joining clubs, engaging in sports, or attending church functions connect you to people, which is good for your mental and physical wellbeing.

Participation in meaningful activities, such as volunteering, is another health boost while benefitting others in your community. There are always volunteer opportunities for tutoring, participating in restoration projects, fundraising,

or helping out at an animal shelter, among many others. Those who feel a sense of purpose have been shown to live longer. Purposeful activities relieve stress, fight depression and lower blood pressure.

Remaining active supports your physical health which includes your mobility and overall independence. Choose activities that you enjoy, so you are more likely to stick to them. Do you enjoy walking and prefer being outside? Join a walking group. Is the gym more your style? Sign up for a new exercise class that sounds interesting. You may even want to try your hand at a second career or advancing your education. This can provide social engagement and purpose while also keeping your brain sharp.

Engaging in meaningful activities will add meaning and happiness to your retirement years. Maybe it's time to plan that big road trip you've dreamt about for years. Have fun – you've earned it!

*This information is not intended to treat, cure or diagnose your condition. Caring Medical Regenerative Medicine Clinics has two locations: one in Oak Park, Illinois, and one in Fort Myers. It was established in 1991 by Ross Hauser, MD, and Marion Hauser, MS, RD. They can be reached at info@caringmedical.com.\**

## Understand Your Medicare Benefits For Free

The Medicare Open Enrollment Period begins on October 15, and future and current Medicare beneficiaries are invited to attend

free presentations about the ins and outs of Medicare in Lee County. The presentations will feature professionally trained counselors of the SHINE (Serving Health Insurance Needs of Elders) program. SHINE is a Medicare counseling program offered locally through the Area Agency on Aging for Southwest Florida (AAASWFL).

A free presentation, titled Medicare 101 and Open Enrollment, will be offered on Thursday, October 25 from 4 to 6 p.m. at Sanibel Congregational United Church of Christ, located at 2050 Periwinkle Way.

The Open Enrollment and Medicare Part D presentation covers participants' many Medicare options and how to save on Part D (prescription coverage). Medicare 101 is a well-rounded presentation that teaches the basics of Medicare Parts A, B, C and D. At all presentations, SHINE counselors will also discuss how to prepare for the open enrollment period and explain

the new Medicare cards that have begun distribution to Florida residents. Counselors will be available to answer questions after the presentations.

SHINE is a program of the Florida Department of Elder Affairs and is operated locally through AAASWFL. Specially-trained SHINE counselors help educate and empower Medicare beneficiaries, their families, and caregivers to understand their health care options so they can make the best decisions for their individual needs.

The SHINE mission is to provide free and unbiased information about Medicare and Medicaid for beneficiaries, their families, and caregivers. SHINE also educates beneficiaries to protect, detect, and report potential errors, fraud and abuse with their Medicare coverage.

For a listing of SHINE counseling sites and enrollment events, visit [www.floridashine.org](http://www.floridashine.org).\*

From page 1

## Water Quality

and water storage lands for Lake O and the surrounding estuaries, as well as expediting the completion of needed projects like the bridging of Tamiami Trail and repairs to the Herbert Hoover Dike.

"The plan is to ask our state (officials) to incentivize moving water south for water farming," Wessel said. "We can also prevent new pollution from getting into the lake and into our river."

John Cassani from the Calusa Waterkeeper has been involved in water advocacy for many years. He also urged people to vote at the upcoming elections.

"We are on the verge of something extraordinary. I have never seen anything like this before," he said. "You are going to have an extraordinary opportunity in about six weeks to bring about policy reform. There's never been more at stake."

Daniel Andrews of Captains for Clean Water called the water issue an "unnatural problem." His business as a fishing guide has been directly impacted.

"(I'm) out there on the water as a guide every single day. You have a complete eco-system collapse," he said. "I think everybody that lives in the state of Florida realizes that if we don't fix our water, we are not going to have anything for the next generation. If we can get all of the businesses down here to recognize how great of an effect this is to our economy, to our way of life, we will see change. Educate yourselves."

Bob Bowcock, Brockovich's associate and managing director of Integrated Resources Water Inc., said the problem starts at Orlando's airport and the Kissimmee River watershed. He said it involves the collection of nutrients and pollution from additional river systems

and creeks as well as septic tank leach fields, broken waste water treatment plants and broken sewer lines.

"It's all dumping into this river system," he said. "This is everyone's problem."

Several of the attending residents and business owners claimed the water and air conditions have made them sick with some mentioning hospital stays. Brockovich demanded that everyone needs to report health issues by calling the department of health.

"They need to hear from you if you are having health problems. Call the health department," she said. "Not one of you, not 10 of you. Call them, call them, call them until they respond. Do not get complacent, do not give up, do not go away, make it your job that they hear you."

Community representatives attending included Sanibel City Councilman Chauncey Goss, Fort Myers Beach Chamber of Commerce President Jacki Liszak, Fort Myers Councilman Liston Bochette and Sanibel and Captiva Islands Chamber of Commerce President John Lai.

Bailey's General Store co-owner Richard Johnson stated the damages caused by the water issues are the worst in the family business' 119-year history.

"If we don't take care of the problem, (tourists) are not going to come back," he said. "We've got to change how we manage water in the state of Florida. You've got to reach out to legislators, elected officials and others that are appointed to manage water in the state of Florida."

Brockovich also told forum attendees to go to [www.communityhealthbook.com](http://www.communityhealthbook.com) to post and share information.

"Go to my community healthbook and light it up, and I will start pushing that information down to your politicians," she said. "This movement, this change will happen if you rise up and you speak up and you go at it. Do not stand down... stand up."\*

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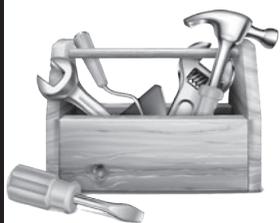
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dearRPharmacist

## Five Reasons You'll Want A Weighted Blanket



by Suzy Cohen, RPh

**D**ear Readers: Suffering from sleep problems? One strategy that I think is helpful is to use a weighted blanket. This is an easy, completely natural way to improve your mood, lower stress

levels and fall asleep faster.

If you have sleep troubles, or your child has them from a chronic condition such as autism, then a weighted blanket might be useful. Weighted blankets are simply blankets that are specially designed to weigh much more than a typical quilt or comforter.

These blankets range in weight from as few as four pounds to well over 30 pounds. Most are filled with plastic beads or natural materials like rice or barley.

This extra heft means that the blanket puts pressure on your body when you sleep under it, and this mimics the feeling of close physical contact. In this way, weighted blankets create an atmosphere of physical intimacy and security that can improve your mood and sometimes soothe sensory disorders.

I think these are a great idea if you have akathisia or restless legs syndrome. If you're still skeptical of the general health benefits these could offer, let me share five interesting facts.

1. Using a weighted blanket can lower your stress levels and improve your ability to relax. It's all from an increase in serotonin, which converts to melatonin, your sleep hormone.
2. Reducing cortisol allows for a better night's sleep. Studies support a reduction in this stress hormone.
3. The modern world makes many people feel isolated. Wrapping yourself in a weighted blanket when you feel alone can increase oxytocin levels and provide instant calm.
4. Could it help with attention

problems? The gentle tactile feeling of deep touch pressure can work as a relaxer to significantly increase the concentration and performance of children with ADHD.

There is also evidence that the extra sensory stimulation from a weighted blanket can help children improve their fine motor skills, especially if they have autism. In fact, these blankets were first invented as a stress aid for autistic children.

5. Obsessive-compulsive disorder (OCD) can be challenging to manage, but using a weighted blanket might help to control the symptoms. These heavier blankets boost your serotonin levels, which works to reduce symptoms of OCD, calm the mind and hopefully reduce compulsions.

For these same reasons, the blankets can also improve other emotional issues or cognitive problems connected to low serotonin levels, including aggression, bipolar disorder and PTSD. At our deepest core, we all want to be cuddled, right? It's kind of like that.

There are some people that should not use a weighted blanket. Choosing the best weighted blanket for you is critical. It's based on many factors. I've written a longer version of this article and, if you'd like, it just sign up for my free newsletter at [www.suzycohen.com](http://www.suzycohen.com) and I'll email you.

*This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit [www.SuzyCohen.com](http://www.SuzyCohen.com).*

## Top Ten Books On The Island

1. *Fifth Risk* by Michael Lewis
  2. *If the Creek Don't Rise* by Leah Weiss
  3. *Transcription* by Kate Atkinson
  4. *Ninth Hour* by Alice McDermott
  5. *Mrs.* by Caitlin Macy
  6. *Leopard at the Door* by Jennifer McVeigh
  7. *Winner* by David Baldacci
  8. *Sanibel Flats* by Randy Wayne White
  9. *Something Fishy* by Jennifer Schiff
  10. *Bibliophile* by Jane Mount
- Courtesy of MacIntosh Books and Paper.\*

## Got A Problem? Dr. Connie Is In



by Constance Clancy

**Q:** What can you tell me about sound healing for relaxation?

**A:** Sound is energy made audible. Music is sound transformed. Most people

agree that music has a spiritual sense and is a true gift from above. Greek legend has it that Orpheus was given a lyre by Apollo, the God of Music, so that he might offer songs of praise.

Although Apollo bequeathed this gift, it was the muses who taught Orpheus how to play, hence the word "music." The sound of music has a healing quality that seems to work on many levels.

There is the concept of entrainment, the sympathetic resonance with vibrations, which allows for a harmony between the vibration of music and the vibrations of cell tissue. The ear structure is positioned near the lymph node, allowing a unique interaction

with the immune system. Through our perceptions, music can heighten the enjoyment of the sounds we hear, resulting in a release of neuropeptides in the body that have a profound healing effect throughout the entire bodily region.

A study conducted by the Mitchum Corporation showed that listening to music was the number one relaxation technique used by thousands of people to calm their nerves.

Constance Clancy, EdD, LMHC, LPC, NCC is a licensed mental health therapist, hypnotherapist, author and holistic stress management instructor. If you have a question, email Constance at [drconstanceclancy@gmail.com](mailto:drconstanceclancy@gmail.com) or visit [www.drconstanceclancy.com](http://www.drconstanceclancy.com).

## Overeaters Anonymous

If food is a problem for you, Overeaters Anonymous can help. Meetings are held in Room 132 at Sanibel Community Church on Tuesdays at 5:30 p.m. and on Fridays at 9 a.m.

For more meeting information, visit [www.southwestfloa.org](http://www.southwestfloa.org).

Sanibel Community Church is located at 1740 Periwinkle Way.\*

Our email address is [press@islandsunnews.com](mailto:press@islandsunnews.com)

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On Call Captiva Deputy .....	477-1000
Fire Department - Sanibel .....	472-5525
Fire Department - Captiva .....	472-9494
Florida Marine Patrol .....	332-6966
Florida Highway Patrol .....	278-7100
Poison Control .....	1-800-282-3171
Chamber of Commerce .....	472-1080
City of Sanibel .....	472-4135
Administrative Office .....	472-3700
Building Department .....	472-4555
Planning Department .....	472-4136
Library - Sanibel .....	472-2483
Library - Captiva .....	239-533-4890
Post Office - Sanibel .....	472-1573
Post Office - Sanibel (toll free) .....	800-275-8777
Post Office - Captiva .....	472-1674
Sanibel Community Association .....	472-2155
Center 4 Life - Senior Center .....	472-5743
<b>ARTS</b>	
Arcade Theater .....	332-4488
Art League Of Fort Myers .....	275-3970
BIG ARTS - Barrier Island Group for the Arts .....	395-0900
Broadway Palm Dinner Theatre .....	278-4422
Fort Myers Symphonic Mastersingers .....	288-2535
Gulf Coast Symphony .....	277-1700
Lee County Alliance for the Arts .....	939-2787
Naples Philharmonic .....	597-1111
The Herb Strauss Schoolhouse Theater .....	472-6862
Sanibel Music Festival .....	336-7999
Sanibel-Captiva Art League .....	sancapart.com
SW Florida Symphony .....	418-0996
Symphonic Chorale of SW Florida .....	560-5695
<b>CLUBS &amp; ORGANIZATIONS</b>	
ABWA - American Business Women's Assoc ..	http://abwasanibelcaptiva.org
American Legion Post 123 .....	472-9979
Angel Flight SE .....	1-877-4AN-ANGEL
Audubon Society .....	472-3744
CHR Community Housing & Resources .....	472-1189
Community Foundation of Sanibel-Captiva .....	274-5900
COTI Committee of the Islands .....	coti@coti.org
CROW - Clinic For The Rehabilitation of Wildlife .....	472-3644
Democratic Club of the Islands .....	Demclubislands@gmail.com
Disabled Am Vets #108 (San-Cap Rep Ted Tyson) Help 211 .....	984-5920
FISH OF SANCAP Neighbors Helping Neighbors .....	472-4775
FISH. OF SANCAP 24-hr service .....	472-0404
Sanibel Island Fishing Club .....	472-8994
Horticultural Society of the Islands .....	472-6940
Horticulture and Tea Society of Sanibel and Captiva .....	472-8334
Kiwanis Club .....	677-7299
League of Women Voters .....	sanibelLWV@gmail.com
Lions Club, Jeff MacDonald .....	302-521-1158
Master Gardeners of the Islands .....	472-6940
MOAA - Military Officers Assc. of America, Alex MacKenzie .....	395-9232
Newcomers .....	472-9332
Notre Dame Club of Southwest Florida .....	768-0417
Optimist Club .....	472-0836
PAWS .....	472-4823
Rotary Club .....	472-7257 or 472-0141
Sanibel Bike Club .....	sanibelbicycleclub.org
Sanibel Beautification Inc. .....	470-2866
Sanibel-Captiva Orchid Society .....	472-6940
Sanibel-Captiva Power Squadron .....	www.usps.org/localusps/sancap
Sanibel-Captiva Republican Caucus .....	395-1202
Sanibel-Captiva Shell Club .....	facebook.com/sancapshellclub
Sanibel Youth Soccer .....	www.sanibelsoccer.org
United Way of Lee County .....	433-2000
United Way 211 Helpline 24 hour .....	211 or 433-3900
Zonta Club .....	728-1971
<b>ISLAND ATTRACTIONS</b>	
Bailey-Matthews National Shell Museum .....	395-2233
JN "Ding" Darling National Wildlife Refuge .....	472-1100
Sanibel Historical Museum & Village .....	472-4648
SCCF Sanibel-Captiva Conservation Foundation .....	472-2329

To be listed in calling card email your information to:  
press@islandsunnews.com

# PETS OF THE WEEK

photos provided

## Lee County Domestic Animal Services

### Jackie And Manny



Jackie ID# A512353



Manny ID# A755193

**H**ello, my name is Jackie. I am a 9-year-old male German shepherd mix who has passed the puppy and teenage years and am ready to live my golden years in the comfort of my forever home. I am looking for a relaxed, laid-back lifestyle that involves long naps, watching movies and curling up next to you when you read a good book. I might be up for walking short distances from the couch to the food bowl and back. If low-maintenance is what you are looking for, then I am the guy for you.

My adoption fee is \$25.

Hi, I'm Manny. I am a 2-year-old male domestic shorthair who is sweet, friendly and adoring of

all things food-related. I have nine lives and none of them should be spent in a shelter. I long for and deserve a home of my own. I am the perfect snuggle buddy after a long day at work. My stunning good looks are just an added bonus.

My adoption fee is \$10.

Lee County Domestic Animal Services will be joining the American Society for the Prevention of Cruelty to Animals (ASPCA) with the #FindYourFido initiative for the second consecutive year. The campaign's goal is to raise awareness of homeless animals and to help find safe, loving homes for dogs in the community. To encourage local supporters to #FindYourFido, Animal Services will reduce its adoption fees for dogs to \$30 through October 31. The ASPCA #FindYourFido campaign is designed to expand the digital exposure for animals nationwide and raise awareness regarding the benefits of adopting a pet. During the month of October, "Fido," a cardboard cutout ambassador for adoptable dogs, will be in the lobby of Animal Services to illustrate how easy it is to picture a shelter pet in someone's daily life and encourage animal adoption.

*The shelter is open to the public Monday through Saturday at 5600 Banner Drive in Fort Myers. Adoptions are available 10:30 a.m. to 3:30 p.m. Monday through Saturday. For information, visit Lee County Domestic Animal Services at [www.leegov.com/animalservices](http://www.leegov.com/animalservices) or call 533-7387.\**

## Haven on Earth Animal League

### Pud And Della



Pud



Della

**H**! I'm Pud. I am a handsome, declawed, 14-year-old male champagne tabby with a very sweet personality. I am looking for a quiet home with someone who wants to give me lots of affection. I'm currently living with a foster family. I have been fully vetted and brought up to

date on all vaccines. My adoption fee is \$50. To find out more about me, call Diane at 860-833-4472 or email Haven on Earth Animal League at [haveneearthanimalleague@yahoo.com](mailto:haveneearthanimalleague@yahoo.com).

Hello, I'm Della. I am a beautiful tabby girl who recently had a litter. I'm only 1 year old and very sweet. I have been fully vetted and brought up to date on all vaccines. Come see me at PetSmart on Six Mile Cypress. My adoption fee is \$100. To find out more about me, call Diane at 860-833-4472 or email Haven on Earth Animal League at [haveneearthanimalleague@yahoo.com](mailto:haveneearthanimalleague@yahoo.com).

Haven on Earth Animal League, Inc. is a 501c3 nonprofit animal rescue organization in Fort Myers, operated completely by volunteers. Its mission is to rescue, house, rehabilitate and re-home abused, unwanted, neglected and homeless animals into forever, loving homes.

*We are being cared for by Haven on Earth Animal League. For more information, call Diane at 860-833-4472 or email [haveneearthanimalleague@yahoo.com](mailto:haveneearthanimalleague@yahoo.com).\**

## PAWS Of Sanibel

### Matilda And Sasha



Matilda



Sasha

**H**i, my name is Matilda. My foster mom calls me Tilly for short. I'm about a year old and was found in the area of East Lake Road, off Casa Ybel Road. Some kind people took me in. The lady from PAWS took me over to Coral Veterinary Clinic

in Fort Myers to have them look me over. I have been combo-tested (negative), had FVRCP and rabies immunizations, was treated for fleas and will be spayed this month. I did not have a microchip. PAWS was not able to find my people, and I am now available for adoption. My foster mom loves cuddling with me. She says I'm such a sweet girl and someone will be very lucky to have me.

Hello, I'm Sasha. I was picked up on Airport Road off Casa Ybel by the Sanibel Police after a call from a local resident. I am approximately 1 to 2 years old, have no microchip and am a tan/black tabby. I am very sweet and gentle and am now in a foster home. My combo test for FIV/FeLV/Heartworms was negative. I have been given immunizations for FVRCP, FeLV, rabies, and given a heartworm and flea preventive. I will likely be spayed this month. Please consider giving me a forever home.

These young cats are extremely sweet and well-behaved. If you are interested in adopting one or both of these beautiful girls, call Pam at PAWS, 472-4823.\*

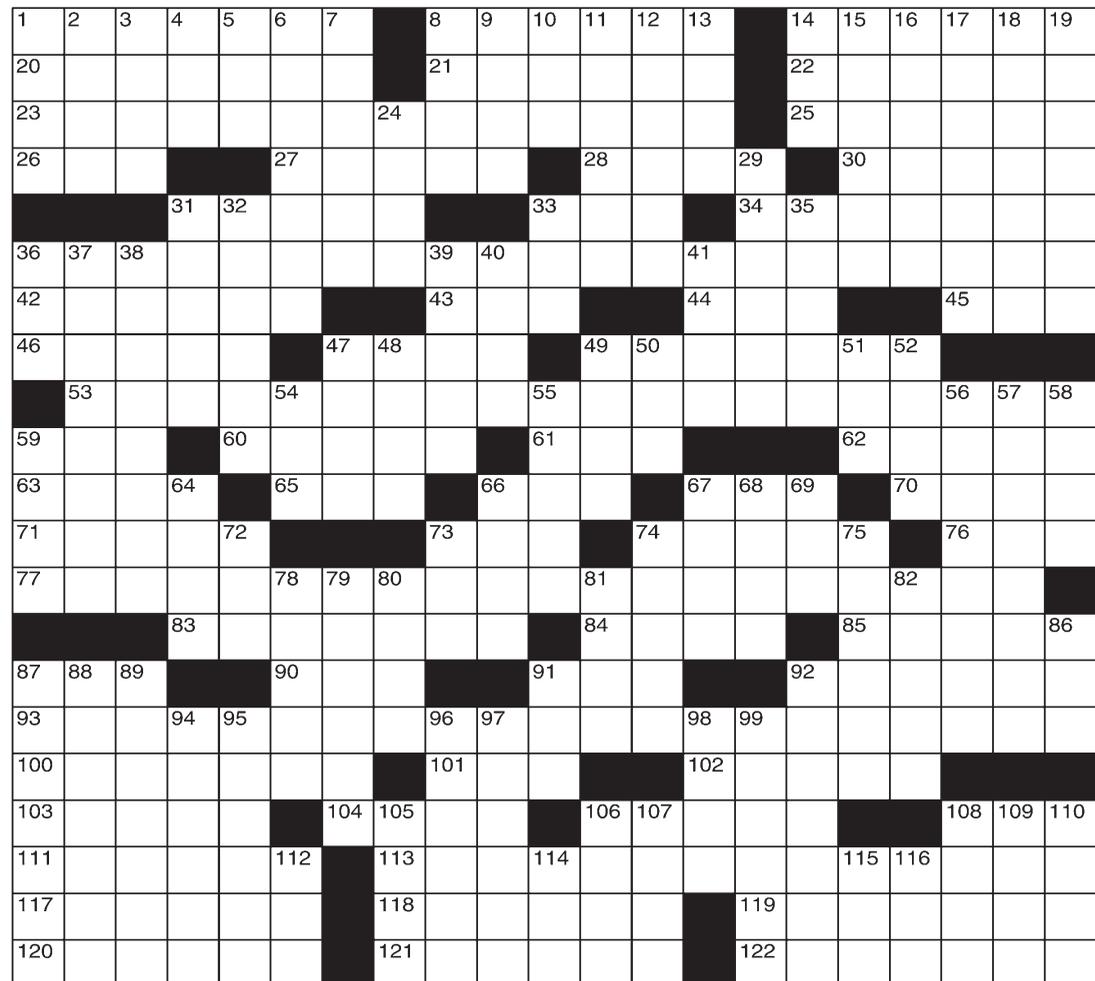
# PUZZLES

Answers on page 53

## Super Crossword

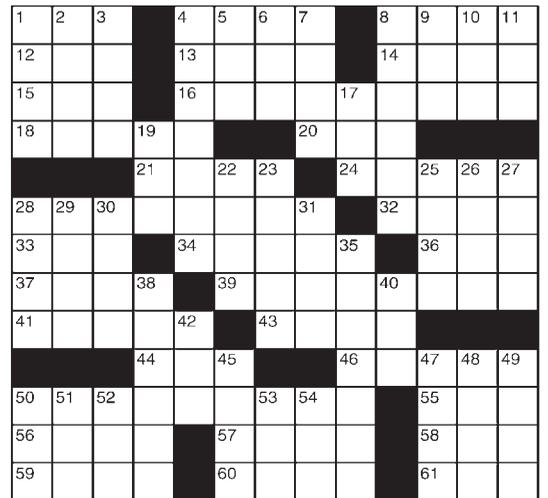
### CRADLE OF THE MIDEAST

- ACROSS**
- 1 Seasoned seaman, slangily
  - 8 Trees that yield a chocolate substitute
  - 14 Entry
  - 20 Muckety-muck
  - 21 Spain and Portugal, collectively
  - 22 Produce
  - 23 Start of a riddle
  - 25 There since birth
  - 26 Zeta-theta link
  - 27 Longtime name in gas
  - 28 "— Three Lives" ('50s TV series)
  - 30 Sri Lankan language
  - 31 Light unit
  - 33 Toothpaste-endorsing org.
  - 34 Big and oafish
  - 36 Riddle, part 2
  - 42 Small Aussie parakeet
  - 43 Variety
  - 44 Small, for short
  - 45 Ending for baron
  - 46 Plum lookalikes
  - 47 Diner cuppa
  - 49 Warms up, as leftovers
  - 53 Riddle, part 3
  - 59 Fighter with Fidel
  - 60 Neighbor of Egypt
  - 61 Retina locale
  - 62 Italian farewells
  - 63 Baseballer Aparicio
  - 65 Clark of "Hee Haw"
  - 66 Original "Hee Haw" ailer
  - 67 A fire sign
  - 70 Threaded fastener
  - 71 Pop singer
  - 73 Gunky stuff
  - 74 Perm parlor
  - 76 Ph.D. hopeful's test
  - 77 Riddle, part 4
  - 83 Pedal for a floor loom
  - 84 Domain
  - 85 11 hours before noon
  - 87 Lead-in to Magnon
  - 90 "I'm — loss"
  - 91 Bikini part
  - 92 Acting unthinkingly, informally
  - 93 End of the riddle
  - 100 Cry to a good dog
  - 101 18-wheeler
  - 102 "I — Say No" (show tune)
  - 103 Cheese-topped chip
  - 104 Help to do wrong
  - 106 Jiggly treat
  - 108 Real heel
  - 111 Torino locale
  - 113 Riddle's answer
  - 117 Stop, legally
  - 118 "Seinfeld" gal pal
  - 119 Via E! or FX
  - 120 Will concern
  - 121 Prison boss
  - 122 Harmful flies
  - DOWN**
  - 1 Boy of Mayberry
  - 2 Place for hay
  - 3 "A little dab'll —"
  - 4 "Shameless" ailer, briefly
  - 5 Aladdin's monkey pal
  - 6 City in southeast Wyoming
  - 7 Big Apple opera house
  - 8 U.S. prez, militarily
  - 9 "Peek- —, I see you!"
  - 10 Kyo! — (Darth Vader's grandson)
  - 11 Tater Tots brand
  - 12 Sch. locale with microscopes
  - 13 In no danger
  - 14 Foe of Spinks
  - 15 NBA position
  - 16 Rabbinical mysticism
  - 17 Descendant of Esau
  - 18 Bowling aims
  - 19 Having only daughters
  - 24 Skye of films
  - 29 Bad boy in "The Omen"
  - 31 Raced in a certain sled
  - 32 Big IT company
  - 33 Biblical boat
  - 35 Eastern rice dish
  - 36 Half a fl. oz.
  - 37 Hilo dance
  - 38 "Modern Family" actor
  - 39 Sofa type
  - 40 Writer Paton
  - 41 Grades K-12
  - 47 Karate relative
  - 48 "Scram!"
  - 49 Light units
  - 50 Vegas-to-Denver dir.
  - 51 Tic- — -toe board
  - 52 Peeved state
  - 54 "— Mutual Friend"
  - 55 Football's Tim
  - 56 Ensnaarl
  - 57 Concert itinerary detail
  - 58 Bone: Prefix
  - 59 Musical score symbol
  - 64 River buildup
  - 66 Manage
  - 67 Not on time
  - 68 Lioness in "Born Free"
  - 69 "How lovely!"
  - 72 ENT part
  - 73 Hair stiffener
  - 74 Singer McLachlan
  - 75 Political columnist Peggy
  - 78 1954-77 defense gp.
  - 79 Sister of Tito Jackson
  - 80 Hard cheese
  - 81 Singer Corey
  - 82 Not fitting
  - 86 Labor Day, e.g.: Abbr.
  - 87 Whodunit poison stuff
  - 88 Goes around
  - 89 One rejected
  - 91 Seek alms
  - 92 Cincinnati citizens, say
  - 94 Mexican bloom
  - 95 Certain reed player
  - 96 Ring of the iris
  - 97 Build-it-yourself auto
  - 98 Rights group, for short
  - 99 Actor Lyle or actress Nita
  - 105 Percolate
  - 106 Mrs. Jetson
  - 107 Idyllic garden
  - 108 Airport waiters?
  - 109 Fit for the job
  - 110 Hair colorers
  - 112 Gobbled up
  - 114 Lad or lass
  - 115 Road hazard
  - 116 Belfry animal



## King Crossword

- ACROSS**
- 1 Request
  - 4 Blunder
  - 8 Weapon handle
  - 12 Island neckwear
  - 13 Sandwich cookie
  - 14 Exile isle
  - 15 Spelling contest
  - 16 "West Side Story" composer
  - 18 Tiny ear bone
  - 20 Ball prop
  - 21 Office part-timer
  - 24 Stuffs tightly
  - 28 "E = mc<sup>2</sup>" man
  - 32 Not procrastinating
  - 33 Chowd down
  - 34 Precipitous
  - 36 Historic time
  - 37 Wound cover
  - 39 Piano name
  - 41 Pitched
  - 43 2012 Ben Affleck movie
  - 44 Vast expanse
  - 46 Celery unit
  - 50 "The Grapes of Wrath" author
  - 55 Heavy weight
  - 56 Frogs' hang-out
  - 7 Typeface
  - 8 Straight, for short
  - 9 Hearty brew
  - 10 G-men's org.
  - 11 Bronze
  - 19 Part of TGIF
  - 22 Citi Field team
  - 23 Michelangelo masterpiece
  - 25 Freshly
  - 26 Actress Sorvino
  - 27 Remain
  - 28 Right on the map?
  - 29 Pruritus
  - 30 In the vicinity
  - 31 — -do-well
  - 35 Football
  - 38 Adjoining
  - 40 "To be or — ..."
  - 42 Cyst
  - 45 Sleeping
  - 47 Small particle
  - 48 Timber wolf
  - 49 Make a sweater
  - 50 Hot tub
  - 51 Upper surface
  - 52 Type measures
  - 53 Greek vowel
  - 54 Mangy mutt
- DOWN**
- 1 Actress Jessica
  - 2 Witnessed
  - 3 Chicken —
  - 4 Drinking vessels
  - 5 Tramcar contents
  - 6 "— the fields we go"

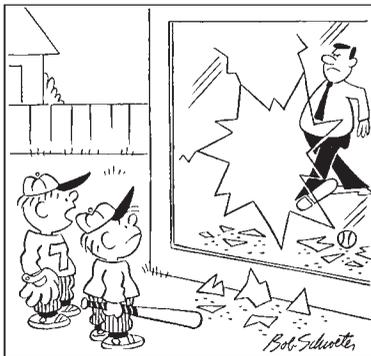


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V Y U R E O K H D A X U Q N K  
 H E B Y V S S P M J H E B Y V  
 (A Q U A R I U M) T P Q O L I G  
 D B Y W T R P O O M E K I F D  
 B L Y W K U H O H L V Y S Q O  
 M K L I F C C Z B N R A B D B  
 Z X W A T Y O A U A E S Q O N  
 L J H U T T T D I F S H D C A  
 Y W H V T S S V D L E N N E K  
 Q P N L E G A C L A R R O C K  
 I H F E C B Z Y N E P G I P W

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally

- |          |          |          |       |
|----------|----------|----------|-------|
| Aquarium | Corral   | Paddock  | Stall |
| Aviary   | Henhouse | Pigpen   | Sty   |
| Barn     | Hutch    | Preserve | Zoo   |
| Cage     | Kennel   | Stable   |       |



"This might be a good time to come up with one of those cute kid \_\_\_\_\_!"  
answer on page 55

### SCRAMBLERS

Unscramble the CAPITAL letters below to form four ordinary words. Then rearrange the boxed letters to form the mystery word to complete the gag!

Meld  
**MELIGN**   

Save  
**CRUESE**   

Pass On  
**LAYER**   

Hear  
**TENSIL**   

**TODAY'S WORD**

\_\_\_\_\_

3			9				6
	7		8				3
		4			1	5	
		1	2	8			7
6				7		8	
	2				3		5
	3		9			1	
5				6			9
		2			5		7

### SUDOKU

**To play Sudoku:** Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

answer on page 53

### HOCUS-FOCUS

BY HENRY BOLTINOFF



FIND AT LEAST SIX DIFFERENCES BETWEEN PANELS



Differences: 1. Container is missing. 2. Hair is missing. 3. Belt is missing. 4. Suspenders are missing. 5. Sign is missing. 6. Cash register is smaller. 7. Hair is shorter. 8. Belt is smaller.

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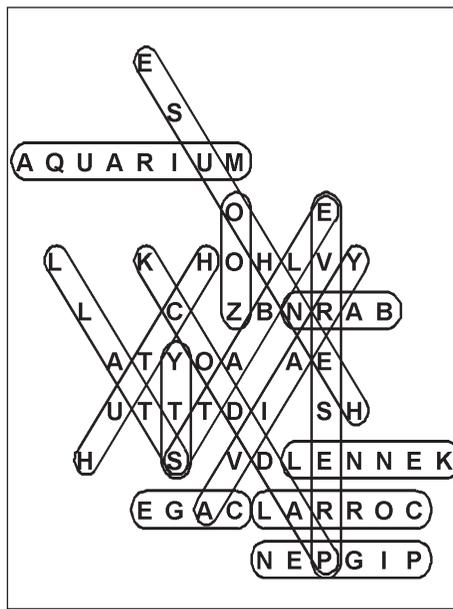
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 ATE STEEP ERA  
 SCAB STEINWAY  
 THREW ARGO  
 SEA STALK  
 STEINBECK TON  
 POND ETUI OBI  
 APSE DARN MOT

## MAGIC MAZE



## SUDOKU

3	8	5	4	9	2	7	1	6
1	7	9	8	5	6	4	3	2
2	6	4	7	3	1	5	9	8
9	5	1	2	8	4	3	6	7
6	4	3	5	7	9	8	2	1
7	2	8	6	1	3	9	5	4
4	3	6	9	2	7	1	8	5
5	1	7	3	6	8	2	4	9
8	9	2	1	4	5	6	7	3

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**DOCKAGE**

Hourly, Daily, Weekly and Monthly.  
 Captiva Island 472-5800

1/4 ★ TFN

**HELP WANTED**

**JERRY'S FOODS SERVERS & BARISTAS**

Part Time Evening And Weekend Front End Associates Needed. Looking for energetic, personable, and fun individuals, with open availability Monday through Sunday. If interested call and ask for John, Norm Sarah 472-9300. 1700 Periwinkle Way

5/6 ★ TFN

**HANDY-MAN - PAINTER - LIGHT CARPENTRY**

SANIBEL MARINA  
 634 N YACHTSMAN DR  
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 472-2723

8/17 ★ TFN

**GARAGE SALE**

**MOVING GARAGE SALE**

Everything must go! Big variety of items from a builders garage to designer interior items. Art supply, art books, kids games toys and books. Colorful ceramic tile for mosaic projects, furniture. 6425 Pine Ave., Sanibel Saturday 10/13 8 to noon Sunday 10/14 8 to noon

10/12 ★ 10/12

To advertise in the *Island Sun* and *The River Weekly News* Call 395-1213

**Shore Fishing: Don't Harm The Fish**



by Capt. Matt Mitchell

Landing a big fish from the beach can be hard on the fish. Dragging a fish up onto the sand if you're going to release it is not an option as it usually damages or kills the fish. Hold the fish in the water while you unhook it if you're going to release it. The less you can touch a fish before release the better for the fish.

If you want a picture with the fish, support it as

you lift it out of the water – and do it quickly.

Before releasing, revive the fish while holding it in the water; moving it slowly back and forth so water goes over its gills. The fish will let you know when it's ready to swim off.

Florida just recently changed the regulations on fishing from shore. Florida residents as well as out of state visitors need a fishing license to fish from shore.

# My Stars ★★★★★

## FOR WEEK OF OCTOBER 15, 2018

**Aries** (March 21 to April 19) A bid for you to step in and take over an incomplete project could prove to be an excellent learning experience that you can take with you when a new opportunity opens up.

**Taurus** (April 20 to May 20) It's a good time for socializing, both with family and with friends. Your aspects also favor developing new relationships, any or all of which might become especially meaningful.

**Gemini** (May 21 to June 20) Your success in handling a recent difficult situation prompts a request to handle another workplace problem. But this is one you should accept only if you get all of the relevant facts.

**Cancer** (June 21 to July 22) New information about a past decision raises some unsettling questions from an old friend. Be prepared to explain your actions fully and, if necessary, make adjustments.

**Leo** (July 23 to August 22) This is not a good time to share personal secrets, even with someone you've known for a long while. What you don't reveal now won't come back to haunt you later.

**Virgo** (August 23 to September 22) Pushing yourself to meet a project deadline is admirable. But be careful not to leave out important details in your rush to complete your work and send it off.

**Libra** (September 23 to October 22) Watch that you don't take on more than you can handle when offering to help someone with a personal problem. There might be hidden factors you weren't told about.

**Scorpio** (October 23 to November 21) That major move you've been considering could come sooner than you expected. Make sure you'll be ready with the facts you need when decision time arrives.

**Sagittarius** (November 22 to December 21) Languishing relationships can benefit from a break in routine. Get out of the rut and do something new and maybe more than a little unpredictable this weekend.

**Capricorn** (December 22 to January 19) Although you don't think of yourself as a role model, your ability to make a tough decision at this time sets an example for others, who admire your courage.

**Aquarius** (January 20 to February 18) You need to move any remaining obstacles out of your way before you can take on a new challenge. Seek advice from close, trusted friends and associates.

**Pisces** (February 19 to March 20) A career change appears increasingly likely to

happen during the next several weeks. It's a good idea to start now to prepare, so you can be ready to make the move when the time comes.

**Born This Week:** You have a strong sense of obligation to justice, which inspires others to follow your example and do the right thing.

### STRANGE BUT TRUE

- It was noted American science fiction author Philip K. Dick who made the following sage observation: "Reality is that which, when you stop believing in it, doesn't go away."

- You might be surprised to learn that when Hernan Cortes reached the New World in the 1600s, he found the Aztecs drinking hot chocolate at their banquets.

- The World Health Organization does not include cockroaches on its list of insects hazardous to human health.

- Are you afraid of rattlesnakes? Those

are certainly dangerous creatures, but keep in mind that the venom of a black widow spider is 15 times deadlier than that of the rattler – and the spider doesn't provide an early-warning alarm like the rattler does.

- The name for that lovely lavender stone, amethyst, is derived from the Greek term for "not drunk."

- You probably knew that cats were revered in ancient Egypt, but did you know that when a domestic cat died, the family went into mourning? Yep. People would shave their eyebrows to demonstrate their grief over the passing of their beloved pet.

- If you're like the average American, you eat roughly 17 pounds of potato chips every year.

- Way back in 1879, the *Cincinnati Gazette* predicted that the game of baseball had "run its course."

- Singer and songwriter Roger Miller, best known for his hit song *King of the Road*, had a passion for music early, even

though his family was poor. When he was in grade school, he spent his weekends picking cotton so he could save up enough money to buy a guitar. After eighth grade he quit school and went to work herding cattle and riding in rodeos.

### THOUGHT FOR THE DAY

"It is better to sleep on things beforehand than lie awake about them afterwards." – Baltasar Gracian

### SCRAMBLERS

1. Mingle;
2. Rescue;
3. Relay;
4. Listen

### Today's Word SAYINGS

## HORTOONS



## Top 10 Real Estate Sales

Subdivision	City	Year Built	Square Footage	Listing Price	Selling Price	Days On Market
Southport On The Bay	Bonita Springs	2018	4,000	\$3,475,000	\$3,190,000	38
Hidden Harbor	Bonita Springs	1995	2,894	\$1,325,000	\$1,225,000	95
Flamingo Harbour Condo	Fort Myers Beach	2002	2,900	\$1,299,000	\$1,225,000	0
Cape Coral	Cape Coral	1977	5,994	\$985,000	\$985,000	1
Nature's Cove	Estero	2002	4,034	\$949,000	\$900,000	159
Montelago	Miromar Lakes	2003	2,704	\$924,900	\$863,000	635
Laurel Ridge	Bonita Springs	2006	3,454	\$899,000	\$870,000	136
Cape Coral	Cape Coral	2005	4,073	\$819,900	\$749,000	94
Belle Lago	Estero	2007	4,405	\$769,900	\$749,000	185
Ascot	Bonita Springs	1999	2,736	\$769,900	\$755,000	159



It's been a tough summer,  
& we just want to say  
**THANK YOU FOR  
YOUR SUPPORT.**

The Original  
Yucatan Shrimp

**“For the sun-kissed & sun-desirous  
alike, a vacation on a plate.”**

The New York Times  
Magazine

Flat Breads • Outdoor Seating • Island Mojitos

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